



9th Annual Bluegrass Regional
**Grandparents Raising
Grandchildren Conference**

Thursday, March 24, 2011

Clarion Hotel
(Formerly Holiday Inn North)
1950 Newtown Pike
Lexington, KY 40511



Featuring:
Charlie Appelstein

As president of Appelstein Training Resources, LLC, Mr. Appelstein provides original, strength-based training, consultation, and literature to individuals and groups seeking to better understand and respond to children and youth presenting with emotional and behavioral challenges.

www.charliea.com

The 2011 GAP (Grandparents and relatives As Parents) conference is for grandparents, caregivers, other relatives, and professionals to meet others and learn about topics for relatives assuming primary care of children. The day is full with workshops, exhibits, information and a dynamic featured speaker.

Registration form included. Please register by:

March 11, 2011

Register Early—Space is Limited



8:00 AM-3:30 PM Resource Fair

8:00 AM Registration & Continental Breakfast

8:30 AM Keynote: **No Such Thing as a Bad Kid**

Charlie Appelstein

Strength-based practice is an emerging approach to raising children that is exceptionally positive and inspiring. It begins with the belief that all children have or can develop strengths, and utilize past successes, to lead meaningful lives. It's focus is on what children do right. This opening talk will introduce participants to the power of this transforming way of bringing up children.

9:10 AM **Workshop Session One**

1. No Such Thing As a Bad Kid: Using a Strength Based Approach to Raising Happy and Secure Children. Part I

Charlie Appelstein When caregivers focus on what their children do right, when they search for and cultivate their children's strengths, and when they practice the golden rule, children mature and truly become all that they can be. This two-part workshop will present a host of principles and techniques that help caregivers maximize the greatness that exists in every child and family. First of two parts, but can be attended without having to attend the second workshop.

2. The Legal System – Friend or Foe?

Attorney: Eileen O'Brien

Hear various ways to obtain legal recognition and protection of rights, timing and requirements for these options, and challenges that a complex legal system presents.

3. Changing Roles and Family Challenges in Raising Grandchildren

Bob Karolich and Pam Black

Gain understanding changing roles from grandparent to parent and grandchild to child. Family dynamics, discipline issues, and inherent fears will be discussed.

4. Dealing Effectively with Loss - Abandonment, Separation, and Death

Michele Wells

Learn to understand the grief process, and to identify coping skills and communication patterns that enhance healing.

10:50 AM **Workshop Session Two**

5. No Such Thing As a Bad Kid: Using a Strength Based Approach to Raising Happy and Secure Children” Part II

Charlie Appelstein This workshop expands on themes from the first workshop, but can be attended on its own.

6. Kentucky Family Courts—How They Work and Why They Differ Place-to-Place

Attorney: Rebecca DiLoreto

This session will help relative caregivers understand the practices and processes of Family Court.

7. Surviving, Managing and Enjoying Pre-teen and Teenage Children in Your Care

Myrtle Procter

Learn how to use a “matter of fact” approach that can help bring back calm, understanding, and even joy to parenting teens and pre-teens

8. Supports and Inspirations – Where Do You Get Yours?

Doug Burnham

In starting a support group or support network, learn how to find your strength, grow your friendships, and expand your personal and family-support circles

12:15 PM Lunch & Door Prizes

1:00 PM **Workshop Session Three**

9. Raised by (Grand)Parents Panel

Moderator: Doug Burnham

Insightful discussion and reflections on the unique experience of having been raised by one's grandparents.

10. Local and Regional Judges Panel

Moderator—Attorney: Carl Devine

A panel of local and regional Family and District Court Judges discuss family law issues as they relate to grandparents and older relatives raising their children.

11. Family Round-Up: Boundaries and Systems for Successful (Grand)Parenting

Sharon Bryson

A look at different family styles, rules, and organizations and how those differences impact the way the family functions.

12. An Overview of ADHD in Children

Dr. Katherine Stone

An overview of diagnostic criteria, treatments and therapies, and common parenting and family issues encountered when a child is diagnosed the ADHD.

2:10 PM Post-Conference Session

13. Responding Vs. Reacting to Your Kids: Strategies to Help You Manage Number One

Charlie Appelstein

Raising children and youth is a rewarding endeavor but one that often elicits difficult feelings that can compromise a caregiver's performance. This presentation examines the major triggers and provides strategies for self-management that keeps enthusiasm alive. Focal points include: how to stop taking things personally, the pivotal role of support, and a new definition for success in raising children.

GAP Registration Form

Name(s): _____

Address: _____

City, State: _____ Zip Code: _____

Phone: _____ County: _____

Email: _____

****Exhibitors for the Resource Fair must call 859-257-5582 for registration information.****

Registration fee includes continental breakfast & lunch.

Please check one:

_____ Grandparent—\$5.00 registration fee per person

_____ Relative or Caregiver—\$5.00 registration fee per person

_____ Specify (ex. Aunt): _____

_____ Professional—\$35.00* (+\$10.00 if requesting CEUs/CLEs)

Application has been made for Social Work Continuing Education Credits (6.9) and Continuing Legal Education Credits. *Please note: Social Work CEU certificates will only be awarded following the conclusion of post-conference session and require attendance at the keynote, workshops, and post-conference session.*

Title: _____

Agency: _____

*If you are paying with a purchase order, attach a copy with your registration form.

_____ Check if you need an invoice.

There will be no refunds after **March 11th**.

No childcare will be offered.

By registering for the GAP conference, you give permission to be included to receive related mailings as approved by the GAP Committee. Your personal information will not be shared or sold. Indicate here if you do NOT want to receive related mailings. _____

Circle the workshops of your choice:

First Workshop 9:10 AM-10:40 AM (circle one) #1 #2 #3 #4

Second Workshop 10:50 AM-12:15 PM (circle one) #5 #6 #7 #8

Third Workshop 1:00 PM-2:00 PM (circle one) #9 #10 #11 #12

Post-Conference 2:10 PM-3:30 PM (circle one) #13

Registration Deadline: Friday, March 11, 2011

Make checks payable to: COMMUNITY FCS PROGRAM

Send registration form and payment to:

Fayette County Extension Office

GAP Conference

1140 Red Mile Place

Lexington, KY 40504

859-257-5582



Legal Consultation Request

9th Annual Grandparents and Relatives Raising Children
Legal Consultation Request

Volunteer attorneys will be available at the conference to provide free consultations about guardianship, custody, child support and related legal issues to grandparents and other relatives raising children. The consultations are limited to 30 minutes, and the attorneys will only be able to provide information and advice (they are not making a commitment to represent you in court on any matter by providing this consultation.) They will be able to help you interpret any legal documents you may have, assess your current legal status as a caregiver and offer advice regarding legal steps that you could take.

There will be a limited number of consultations available. Appointments will be assigned based upon when your request for a consultation is received.

To have a free consultation with an attorney you need to complete this form and send it in today. When all of the time slots are filled, we will have to say no to additional requests. The sooner you send in your request, the more likely we are to be able to help you. This form must be completed and returned through the mail with your conference registration in order for your request to be considered.

Request for free legal consultation:

Name _____

Address _____

City _____ State _____ Zip _____

Phone Number (s) _____

What time would be better for you?

_____ Morning _____ Afternoon _____ Anytime

The week of the conference, you will receive a phone call indicating the time of your consultation. If all slots become filled, you will be placed on a waiting list.



Grandparents and relatives As Parents

Location:

Clarion Hotel
(formerly Holiday Inn North)
1950 Newtown Pike
Lexington, KY
I-75/I-64, Exit 115



Legal Consults

Volunteer Attorneys will be available for free legal consultations. There are a limited number of time slots, and they will be filled in the order received. To request a consultation, you will need to fill out the Legal Consultation Request form (on the back of the registration form) and send it in with your registration.

Conference Sponsors:

Access to Justice Foundation
Bluegrass Area Agency on Aging and Independent Living
Deep Springs Family Resource Center
Fayette County Cooperative Extension Office
Kentucky River Foothills Head Start GAP Program
Lansdowne Family Resource Center
LFUCG Aging Services & Independent Living
LFUCG Lexington Senior Center
Millcreek Family Resource Center
Sandersville/Meadowthorpe Family Resource Center
William Wells Brown Family Resource Center
UK College of Social Work
Carl Devine, Miller, Griffin & Marks, PSC
Dory Marken, PhD, OT Department, EKU
Kathy Allen
Melinda Earlywine
Phyllis Farson
Betsy Jerner
Rita Hardman
Holly Salisbury
Martha Sparks

The 2011 Conference is supported by funds from the Fayette County Bar Foundation, the Bluegrass Area Agency on Aging and Independent Living, the Kentucky River Foothills Head Start GAP Program, the New York Life Insurance Company, the Opportunities for Family Leadership and the Department for Behavioral Health, Developmental & Intellectual Disabilities (DBHIDID).