

A Publication of the Bluegrass Area Development District
BLUEGRASS
A D D - V A N T A G E

**BLUEGRASS WATER SUPPLY COMMISSION CONDUCTS
ORGANIZATIONAL MEETING**

In a landmark occasion, the Bluegrass Water Supply Commission held its organizational meeting on October 24 at the ADD Office. Officers were elected to serve staggered terms of one, two, and three years. Three of the current nine new commissioners were selected by lot to serve three years. Three will serve two years; and three will serve a single year. Hereafter, all seats on the commission will be for a three year term.

Those elected to serve as officers are as follows:

Thomas P. Calkins, Chair

Donna Powell, Vice Chair

Bob Riddle, Secretary

Dave Pearce, Treasurer

Mr. Calkins is the Utility Manager at Nicholasville. Ms. Powell is the Mayor pro-tem at Lancaster; Bob Riddle is the Utility Manager at Georgetown and Mr. Pearce is the Utilities Manager at Mt. Sterling.

Other commissioners are these:

Cynthiana—Mayor Virgie Wells

Frankfort—Water Superintendent J. H. (Bunk) Sullivan

Lexington-Fayette—Commissioner of Public Works Charlie Martin

Paris—Water Superintendent Kevin Crump

Winchester—Utilities Manager Vernon Azevedo

Efforts continue carefully to define the Bluegrass Water Supply Commission's initial construction project and to seek to develop financial support for that initial construction effort. The ADD continues to provide administrative support and encouragement to the Bluegrass Water Supply Commission as the Commission seeks to deal with one of the thorniest and most pervasive problems in the Bluegrass Area—that being the water supply deficit that threatens much of Central Kentucky.

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GRANT ACTIVITIES

ANDERSON COUNTY

LAWRENCEBURG SET TO SEEK HUD BLOCK GRANT TO CONSTRUCT SEWERS IN THE STRINGTOWN AREA

By mid to late December, it is expected that Lawrenceburg will submit Part I of its application for HUD Block Grant funding to the Governor's Office for Local Development. A \$1.518 million project has been defined that would extend sanitary sewer service to Stringtown—an older developed area immediately south of the Lawrenceburg corporate limits along and on either side of US 127 Business Route. The project would serve 116 customers—all but three of them residential customers. Lawrenceburg is seeking a state appropriation of about \$720,000 to make up much of the remainder of the financial package for the project. The city also expects to derive \$39,000 in tap-on charges to round out the \$1.518 million project budget.

For more information, contact Don Hassall at the ADD.

BOURBON COUNTY

MILLERSBURG FINISHES TOBACCO DEVELOPMENT CONSTRUCTION

The City of Millersburg has completed construction of the Tobacco Development-funded water line construction project and is in the process of preparing to request the final 15 percent of project funds and formally close the account. Funds will be fully drawn following the purchase of additional computer equipment needed by the water utility. The \$320,000 grant has been used for new water lines and new water valves in the downtown area, a new master meter at the water treatment plant, a new truck, and other equipment upgrades.

Beyond the new construction and equipment upgrades, approximately \$156,000 of the grant funding was used to retire bonds sold on behalf of the USDA's Rural Utility Service to assist in constructing the Millersburg Water Extension project. For more information, contact Dave Ewen at the ADD.

CITY OF NORTH MIDDLETOWN CONDUCTS INCOME LEVEL SURVEY FOR PROPOSED SEWER PROJECT

The City of North Middletown is making a concerted effort to reduce stormwater and/or groundwater from entering the city's aging sewer system. Increased flows experienced by the city's wastewater treatment facility during times of wet weather have raised red flags with the Kentucky Division of Water, which issued the City a Notice of Violation for the overflows in January of this year.

In order to fund a major rehabilitation of the sewer system, the City plans to seek funding from various sources, including USDA Rural Development (RD). Currently underway is a household income level survey targeting sewer customers in North Middletown to determine median household income. The results of this survey will determine the City's eligibility for grant funds from RD.

ADD staff partnered with Bluegrass Community Action through its Rural Community Assistance program to conduct the survey. Approximately 250 households will be surveyed.

For more information, please contact Josh Ayoroa at the ADD.

BOYLE COUNTY

DANVILLE AND JUNCTION CITY TO SEEK HUD BLOCK GRANT SUPPORT FOR INTERCEPTOR SEWER CONNECTOR PROJECT

By early December, Danville and Junction City expect to file a joint application for \$1.502 million from the HUD Community Development Block Grant program. The program is administered in Kentucky by the Governor's Office for Local Development. In mid-2004, Danville acquired the assets and the liabilities of the Junction City water and sewer system.

Because of frequent sewage overflows and sewage bypassing to the Balls Branch watershed, a Kentucky Division of Water-imposed sewer tap-on ban has been in effect in Junction City since mid-2000. The ban affects even the construction of single family homes and serves as a deterrent to growth and development in this community on Danville's south side.

The one major sewage pumping station at Junction City and one of several minor sewage pumping stations are overwhelmed during and following periods of rainfall. Resulting are regular sewage bypasses to drainage ways and to streams that are tributaries to Clarks Run Creek and then to Lake Herrington. Danville and Junction City's plan calls for the construction of a three mile long 21-inch diameter gravity sewer that will extend northward with Balls Branch from the existing major sewage pumping station on Junction City's north side. The proposed gravity sewer would terminate at a proposed major pumping station to be located immediately south of the US 150 Bypass near Balls Branch. That new sewage pumping station would convey the collected sewage on to the wastewater treatment plant on Danville's east side.

A second and smaller component of the project would be the reconstruction of the York's Lane sewage pumping station and the redirection of its discharge line to avoid sewage overflows there. The Governor's Office for Local Development has already approved the concept of a joint grant application involving the two cities since benefit from the project would accrue both to Danville and to Junction City. The total estimated project cost is \$3.004 million.

CLARK COUNTY

WINCHESTER/CLARK COUNTY MAY SEEK HUD GRANT SUPPORT ON MASSIVE WASTEWATER PROJECT

By early 2008, Winchester is charged with the task of constructing an almost completely new wastewater treatment plant. The estimated cost is an almost breathtaking \$22.1 million. Current plans call for the ADD to assist Winchester and Clark County in developing, before the January 7, 2005 deadline, a joint application for a \$2 million HUD Community Development Block Grant. While the maximum available grant of \$2 million is less than ten percent of the estimated project cost, it would nevertheless be of considerable help to the sewer system rate payers at Winchester.

A complicating factor is that the major source of project funding is expected to be a low interest loan from the Kentucky Infrastructure Authority. The KIA expects to increase the interest rate on loans from one percent to two percent effective July 1, 2005. In no way does the Winchester leadership want its wastewater project delayed to the point that the interest rate on the anticipated large loan is bumped up. That seemingly small increase would cause a dramatic increase in Winchester's *cost* of borrowed money over the term of the loan.

For more information on this project, contact Don Hassall at the ADD.

ESTILL COUNTY

ESTILL COUNTY RECEIVES FIREWISE WILDFIRE MITIGATION GRANT

The Kentucky Division of Forestry announced in October a grant for Estill County to mitigate the risk of wildfires. A Firewise grant was awarded to the Estill County Fiscal Court in the amount of \$28,000 to prepare a wildfire hazard assessment and an emergency action plan, which will both incorporate the use of GIS technology. This is the first year the KY Division of Forestry has allowed this to be a competitive grant. Only three of seven grant applications were funded during this round. Judge-Executive Wallace Taylor plans to identify the areas in the county at risk for wildfires and will plan accordingly in order to protect the populations and structures in these high-risk areas.

The wildfire hazard assessment will identify and plot the high-risk areas and then determine what vulnerabilities exist in those places. Upon demonstration of this, the assessment will identify recommendations for mitigation of these wildfire prone areas. The emergency action plan will identify problems in responding to some of these spots so first responders will know these obstacles beforehand. The plan will identify the best ways to deal with these problems in order to respond effectively.

The Firewise program is intended to assist areas in the wildland/urban interface to reduce their wildfire risk. The grant funds various projects on an 80/20 basis. The grant will provide 80 percent of the total project cost while the local entity must cover the remaining 20 percent. For further information on the Firewise grant program, please contact Lora B. Littleton at 859-269-8021.

GARRARD COUNTY

LANCASTER PUSHES FORWARD WITH WATER PROJECT

Lancaster officials continue to press forward with the City's Water System Improvement Project as a second round of archaeological surveys were completed and sent to the State Historic Preservation Office (SHPO) for review. Following SHPO approval, the city will prepare an Environmental Review and seek full release of funds.

The water system improvement project will seek to deal with age related deficiencies within the municipal water distribution system. Proposed is the installation of almost seven miles of 6- and 8- inch diameter water lines, 53 new water line valves, and 34 fire hydrant assemblies. The project involves system improvements that were recommended as a part of a 2002 engineering study.

Funding for the project comes from a HUD Community Development Block Grant for \$595,000. Other funds include a \$100,000 grant commitment from the Kentucky Infrastructure Authority and a pending grant/loan from USDA's Rural Development. Lancaster is asking for a \$222,000 RD grant and a \$273,000 RD long-term loan to round out the \$1.19 million project. For more information, contact Dave Ewen at the ADD.

JESSAMINE COUNTY

JESSAMINE COUNTY HOPES TO SEEK HUD BLOCK GRANT SUPPORT FOR NORTH COUNTY SEWER EXTENSIONS

If one remaining issue can be resolved, Jessamine County plans in December to file a HUD Community Block Grant (CDBG) request for \$1.0 million to apply toward a \$3.289 million project to extend first-time sanitary sewer service to a large mobile home subdivision on the Jessamine County side of the county's northeast juncture with Fayette County. Within the subdivision are 373 dwelling units together with significant on-site sewage problems.

In 2000, Jessamine County received a line item appropriation from the US Congress for a grant from the US Environmental Protection Agency. The EPA grant was finalized earlier this year. Almost \$1.6 million of that EPA grant would be applied to this project that is part of an even larger project involving the provision of sanitary sewers to urbanized areas along Ashgrove Pike. The final source of financing being sought for this CDBG project is a grant and loan from USDA's Rural Utilities Services. For this project, the Jessamine-South Elkhorn Water District seeks a \$408,000 loan and a \$321,000 grant from RUS.

The ADD has sought to assist the Jessamine County Fiscal Court and the Jessamine-South Elkhorn Water District in this effort for four years. For more information, contact Don Hassall at the ADD.

MADISON COUNTY

WASTEWATER TREATMENT PLANT PROJECT CONTINUES AT BEREA

The City of Berea continues construction on schedule for its Wastewater Treatment Plant Expansion Project which began in June. The project is being funded, in part, by a \$1.0 million HUD Community Development Block Grant, which is being applied to this \$10.145 million project to expand the municipal wastewater treatment plant.

The J.C. Chambers Wastewater Treatment Plant will be expanded from its present capacity of 2.34 million gallons per day (MGD) to a new and larger capacity of 4.3 MGD. A Kentucky Infrastructure Authority low interest loan of \$5.0 million and \$4.145 million in local cash reserves complete the financial package. For more information, contact Dave Ewen at the ADD.

MERCER COUNTY

HARRODSBURG CONTRACTS SIGNED

The City of Harrodsburg executed construction contracts in late September for its Water System Improvements Program. In addition to the contract signings, pre-construction conferences were also held to make the contractors more fully informed of the project's requirements.

The City's Water System Improvement Program is composed of three primary components:

- The erection of a 1.0 million gallon elevated water storage tank on the city's southeast side, and
- The construction of over nine miles of water lines ranging in size from 6 inches to 20 inches in diameter and
- Replacements and additions at the municipal water treatment plant

The project is, in part, funded by a \$1.0 million HUD Community Development Block Grant. Other funding sources for this \$5.5 million project include a Kentucky Infrastructure Authority grant of \$1.0 million, a \$2.5 million loan from Rural Development and a \$1.0 million RD grant.

The project will address significant problems that have developed over time. The problems are associated with the water treatment plant, deficient elevated water storage, and water transmission/water distribution. Benefits of the project will accrue to retail customers of the Harrodsburg municipal water system as well as to the customers of the three water utilities to which Harrodsburg supplies potable water. For more information, contact Dave Ewen at the ADD.

POWELL COUNTY

INTERGENERATIONAL CENTER BECOMES JOINT EFFORT FOR POWELL COUNTY AND CITY OF STANTON

The City of Stanton intends to apply for a 004 Community Development Block Grant for the construction of a "Powell County Generations Center". The proposed facility would be dedicated to intergenerational programming developed by the Powell County Fiscal Court and Foothills Community Action. The project addresses a critical need for housing the Powell County Senior Citizens Program and a Powell County Head Start Program.

The Senior Citizens program would serve Powell County seniors. The program is designed to provide seniors with socialization opportunities, recreation, exercise programs, nutritious meals and educational and health screening programs. These activities enable seniors to remain active and live healthier, more independent lives. In addition the Senior Citizens Program would provide information assistance, transportation, counseling, advocacy and legal assistance and would conduct outreach to seniors. The proposed Generations Center would provide space to serve meals, a crafts room, a game room, a multi-purpose room and staff offices for this program.

The Head Start Program would serve Powell County children, including migrant children and their families, and provide licensed day care. Head Start helps economically disadvantaged children from 3 to 5 years old develop their educational and social skills. The proposed Generations Center would provide two classrooms, staff offices and a fenced playground. It is expected that jobs will be created through the expansion of services to children and their families at this Center.

For more information please contact Josh Ayoroa at the ADD.

STANTON ASSISTED WITH ENGINEERING PROCUREMENT

In October and November, the ADD staff sought to assist the City of Stanton with its procurement of engineering services to deal with a planned sanitary sewer system rehabilitation effort in that community. Virtually all federal and state sources of grant and loan funding now require that cities (as well as other units of local government) go through a formal process of procurement for professional services such as engineering.

The ADD sought to assist Stanton so that the process could be performed in a professional manner that could stand up under the scrutiny of future federal and or state agencies that might choose to assist the city with its public infrastructure efforts.

For more information, contact Don Hassall at the ADD.

SCOTT COUNTY

STAMPING GROUND ACCEPTS WATER LINE BID

The City of Stamping Ground has awarded a contract for the construction and installation of water lines, valves, meter reconnections, and other associated appurtenances. A second component of the project is the erection of a 200,000- gallon storage tank which is currently underway.

The total project constitutes an upgrade of the City's potable water storage and distribution system expected to cost \$819,300. Specifically, Stamping Ground proposes to:

- Replace an aged 100,000-gallon elevation water storage tank with a new 200,000- gallon elevated water storage tank.
- Demolish and remove the existing aged water storage tank.
- Interconnect (as a standby source of potable water) to the Georgetown municipal water system.
- Improve system-wide hydraulics by installing looping water lines where none exist on Burch Street, Riley and Woodlake, Springview to Sebree Road, and East Main Street.

The HUD Community Development Block Grant of \$312,000 will match a \$250,000 grant from the Kentucky Infrastructure Authority and a \$193,000 US EPA grant to enable construction of the project. Additionally, Tobacco Development grant funds will provide gap financing for the project. For more information, contact Dave Ewen at the ADD.

COMMUNITY AND ECONOMIC DEVELOPMENT NEWS

\$654,000 PROVIDED FOR NEXT BATTLE OF RICHMOND MANEUVER

The offensive blitz to develop the Battle of Richmond site continues, picking up even greater momentum with each engagement. In 2002, the Battle of Richmond Association and Madison County Fiscal Court purchased 62 acres of endangered battlefield land. This land included the Pleasant View House, a field hospital during the battle, and several outbuildings, including slave quarters. The \$500,000 in TEA-21 was matched with funds from Madison County and the American Battlefield Protection Program.

Earlier this year another part of the site of the second largest Civil War battle in Kentucky, and the most decisive victories for the Confederates was preserved, according to Rob Rumpke, executive director of the Battle of Richmond Association. The Madison County Fiscal Court purchased Battlefield Golf Course, developed on this historical battlefield, with local funds in January. This represented the first time that preservationists have been able to reclaim a major battle site after its development, according to James Lighthizer, president of the Civil War Preservation Trust.

The Battle of Richmond provided guided tours and other activities for locals and out-of-staters during the mid-July 2004 Central Kentucky Civil War Heritage Trail program, coordinated with five other important Kentucky Civil War sites.

Now, the Battle of Richmond has secured another strategic objective. \$654,000 of Transportation Enhancement funds has been awarded for the development of Battlefield Park. These funds will be used to refurbish the historic Pleasant View house on the 62-acre parcel now called the Battle of Richmond Park. The TEA-21 Enhancement funding will be used to restore Pleasant View, the slave house as well as developing trails, interpretation and other infrastructure at the park.

Two plans are in the process of being developed for the Battle of Richmond. A battlefield interpretive plan, which was funded by the American Battlefield Protection Program, is now in draft. This plan, produced by Mudpuppy & Waterdog, Inc. of Versailles, lays out a long-range plan that includes the development of a welcome center, museum exhibits at Pleasant View and a driving tour from the Jackson County line to Clays Ferry in northern Madison County.

A second plan being developed by Brandstetter and Carroll is a landuse plan for the Richmond Battlefield Park. This plan calls for a series of trails and other facilities on the park that will make the park both a battlefield park and a passive recreation area. The old tobacco barn at the Park will also be the home to the Richmond Area Theater.

Finally, the Bluegrass Army Depot and the U.S. Army have donated another house on the Battlefield, known as Quarters 29 or the Rogers-Tribble House (and four acres), to Madison County and the Battle of Richmond Association. This house, which also served as a field hospital, will be the home of the Battle of Richmond Visitors Center and Museum.

When completed, Richmond Battlefield Park will be a minimum of a 1,000 acre greenspace in the center of Madison County.

AREA FIRE DEPARTMENTS TO RECEIVE OVER \$1M IN FIREFIGHTER GRANTS

Twelve area fire departments will receive a total of \$974,667 of FY 2004 Assistance to Firefighters Grant Program (AFGP) funds according to the November 12th announcement. Additional funding announcements will continue until March 2005.

The purpose of the AFGP is to award one-year grants directly to fire departments to enhance their firefighting abilities. The program seeks to support departments that lack the tools and resources necessary to protect the health and safety of the public and their firefighting personnel with respect to fire and fire related hazards.

Additionally, Homeland Security announced on July 30th that the Paris Fire Department received \$50,400 for a Fire Prevention and Safety grant.

<u>Fire Department Name</u>	<u>City</u>	<u>Category</u>	<u>Federal Grant</u>	<u>Funding Components</u>	<u>Award Announced</u>
Junction City Volunteer Fire Department	Junction City	Operations and Firefighter Safety	\$54,108	Equipment (\$8,300); Personal Protective Equipment (\$48,980); Training (\$2,840)	11/5/2004
Ruddles Mill - Shawhan Volunteer Fire Dept.	Cynthiana	Firefighting Vehicle	\$135,000	Firefighting Vehicles (\$150,000)	11/5/2004
Northern Harrison Rural Fire Department	Berry	Operations and Firefighter Safety	\$140,127	Equipment (\$41,497); Personal Protective Equipment (\$84,000); Training (\$30,199)	10/29/2004
Berea Fire Department	Berea	Operations and Firefighter Safety	\$56,160	Personal Protective Equipment (\$62,400)	10/29/2004
Woodstock Volunteer Fire Department	Eubank	Operations and Firefighter Safety	\$53,856	Equipment (\$8,000); Personal Protective Equipment (\$51,840)	10/1/2004
City of Winchester - Winchester Fire-EMS	Winchester	Operations and Firefighter Safety	\$98,573	Modify Facilities (\$109,525)	9/24/2004
White Hall Volunteer Fire Department Inc.	Richmond	Operations and Firefighter Safety	\$46,419	Equipment (\$7,800); Personal Protective Equipment (\$43,776)	9/10/2004
Georgetown Fire & Rescue	Georgetown	Operations and Firefighter Safety	\$96,354	Training (\$44,440); Wellness and Fitness Programs (\$62,620)	9/3/2004
Berry Fire Department	Berry	Operations and Firefighter Safety	\$55,739	Equipment (\$7,932); Personal Protective Equipment (\$54,000)	8/13/2004
City of North Middletown Fire Department	North Middletown	Operations and Firefighter Safety	\$55,999	Equipment (\$28,205); Personal Protective Equipment (\$34,016)	8/6/2004
Salvisa Fire Department	Salvisa	Operations and Firefighter Safety	\$38,332	Equipment (\$42,591)	7/16/2004
Estill County Fire Department	Irvine	Firefighting Vehicle	\$144,000	Firefighting Vehicles (\$160,000)	6/18/2004
ADD Total			\$974,667		

CHANDLER RETAINS SIXTH DISTRICT CONGRESSIONAL SEAT

Congressman Ben Chandler, in turning back a bid from State Senator Tom Buford, became Kentucky’s lone Democratic congressional representative in the November General Election. Mr. Chandler carried 13 of the 15 Bluegrass counties on his way to victory. (Harrison County and Nicholas County are wholly within the 4th Congressional District while the northern half of Scott County is similarly within the 4th District.)

Mr. Chandler’s share of the popular vote within the 15 Bluegrass counties was as follows:

<u>County</u>	<u>Percent</u>	<u>County</u>	<u>Percent</u>	<u>County</u>	<u>Percent</u>
Anderson	55	Fayette	59	Madison	55
Bourbon	64	Franklin	73	Mercer	53
Boyle	53	Garrard	43	Powell	70
Clark	62	Jessamine	38	Scott	58
Estill	55	Lincoln	55	Woodford	64

Congratulations go to Congressman Chandler on his reelection.

COUNTY HAZARD MITIGATION PLANS COMPLETED

County Hazard Mitigation Plans (CHMPs) have been completed for sixteen BGADD counties (excluding Lexington-Fayette). These CHMPs have been reviewed and approved by each of the sixteen CHMP Development Teams. The final CHMPs will be processed into a publishing format by ADD staff and disseminated to local officials in December.

Additionally, information from these sixteen CHMPs are being compiled and integrated into a Bluegrass Area Regional Hazard Mitigation Plan which should be in final draft form in December. The Regional Hazard Mitigation Plan Oversight and Review Subcommittee will review the regional final draft before submission to the Kentucky Division of Emergency Management and the Federal Emergency Management Agency (FEMA) for their review and approval.

The Subcommittee reviewed the 400-page, 65% complete, first draft of the Regional Hazard Mitigation Plan, which was submitted on September 27th and is still being reviewed by FEMA. The first draft submittal may be viewed at: <http://www.bgadd.org/> under sections, “Publications-Variou Documents-BGADD Regional Hazard Mitigation Plan First Draft.” For comments or more information call Earl Ogata at the ADD office.

DAVIS ELECTED TO SERVE THE 4TH CONGRESSIONAL DISTRICT

Geoff Davis scored a comfortable victory over his opponent to capture an open seat from Kentucky’s 4th Congressional District. When the new Congress convenes in January, six of the seven Kentucky House members will be Republicans. Those Bluegrass counties that are part of the 4th Congressional District are Harrison County, Nicholas County, and the northern half of Scott County. Congratulations go to Mr. Davis.

BLUEGRASS AREA HOMELAND SECURITY GRANT FUNDED

The Bluegrass ADD recently received notification from the Kentucky Office of Homeland Security that the FY 2004 Homeland Security Grant application, submitted on the behalf of 13 counties and 31 municipalities, has been approved in the amount of \$777,076.00. This is a collective amount for all jurisdictions involved.

The Memorandum of Agreement (MOA) from the Kentucky Office of Homeland Security has now been received. Below is what the Office of Homeland Security chose to fund listed by agency. It is the intention of the ADD that when further specifics are attained, ADD staff will notify and inform everyone who joined in the application how the purchase of equipment and the reimbursement process will take place.

- Lawrenceburg Police may acquire Mobile Data Terminals with a total reimbursement not to exceed \$36,000.
- Lawrenceburg/Anderson Police/Anderson County Sheriff may acquire Mobile Data Terminals with a total reimbursement not to exceed \$85,000.
- Paris Police may acquire Mobile Data Terminals with a total reimbursement not to exceed \$123,500.
- Danville may acquire a Portable Antenna Tower with a total reimbursement not to exceed \$36,000.
- Danville may acquire a Portable Repeater, Duplexer, and Antenna with a total reimbursement not to exceed \$3,500.
- Clark County EMA may acquire MASTR III VHF Repeater System 110W and accessories with a total reimbursement not to exceed \$32,773.
- Harrison County EMA may acquire Level B Encapsulated Hazardous Chemical Suits with a total reimbursement not to exceed \$1,344.
- Mercer County Sheriff/Harrodsburg Police may acquire Mobile Data Terminals with a total reimbursement not to exceed \$394,762.
- Harrodsburg Police may acquire dispatching upgrade: positron upgrade to facilitate dispatching with a total reimbursement not to exceed \$15,000.
- Scott County Sheriff's Department may acquire Panasonic Toughbook Notebook Computer and related software with a total reimbursement not to exceed \$33,292.
- Georgetown Fire and Rescue may acquire a Base Station with a total reimbursement not to exceed \$6,995 and repeaters not to exceed \$990.

- Sadieville Division of Police may acquire Mobile Data Terminals and related equipment with a total reimbursement not to exceed \$4,000 and security observation systems with a total reimbursement not to exceed \$2,920.

The next meeting of the Bluegrass Area Homeland Security Council meeting that is slated for December 15, 2004 at 2:00 p.m.

The ADD would like to thank all the jurisdictions involved for their cooperation and continued support of the ADD's regional homeland security efforts. For more information concerning these efforts, please contact Shane New, Josh Ayoroa, Lora Littleton, or Matt Belcher.

BLUEGRASS ADD GETS HIGH SCORES FROM LOCKWOOD GREENE CONSULTING

In November, four employees of the ADD participated in the Blue Grass Energy "Site Selection Boot Camp" Seminar in Nicholasville. At the seminar, consultants from Lockwood Greene presented information on how to respond to clients interested in locating in your county or city. The ADD submitted packets for Lincoln and Anderson Counties. Lockwood Greene, a \$3 billion company and the largest real estate consulting, construction, and engineering firm in the world, gave the two reports a near perfect score. Because of the ADD's exceptional work on this project, the National Association of Rural Electric Cooperatives has asked the ADD to join Blue Grass Energy in presenting the topic of site selection at a conference in Tampa next month.

2004 JESSAMINE COUNTY/CITY OF WILMORE COMPREHENSIVE PLAN ADOPTED

At a Public Hearing in October, the Jessamine County/City of Wilmore Joint Planning Commission adopted the 2004 Comprehensive Plan for their planning unit. The Update Committee, comprised of planning commissioners, fiscal court members, Wilmore city council members and at-large members, worked for three years on the Plan. After three Public Hearings and a Planning Commission workshop, the Plan, as amended during the Public Hearing process, was adopted.

The emphasis of the 2004 Jessamine County/Wilmore Comprehensive Plan is on future development and on public sanitary sewers. A Future Land Use Map for the County was produced, which concentrates future professional offices and commercial, light industrial, and residential development in the northern area of the County known as the North Jessamine Facilities Planning Area. A new residential zone is recommended in the Plan and depicted on the County Land Use Map as similar to a planned unit development zone, allowing varying densities of lots and housing to fit the different needs of the changing demographics.

The City of Wilmore's Future Land Use Map stayed much the same as the 1996 Plan, however, areas of proposed commercial development and redevelopment were added, and the redevelopment of the downtown through the Kentucky Renaissance Program was emphasized. Wilmore also

emphasized the use of public wastewater facilities within its growth boundary. Copies of the Plan are available at the Planning and Zoning Office next to the Courthouse. For more information contact Dave Deyer at the ADD, or Betty Taylor, the Commission's Administrative Officer, at 859-885-6415.

THREE NEW STATE LEGISLATORS TO REPRESENT PORTIONS OF THE BLUEGRASS AREA

The November General Election resulted in three new state legislators joining the ranks of the 8 senators and 20 representatives who serve portions of the Bluegrass Area. New senators are Julian Carroll (7th Senate District) and Tom Jensen (21st Senate District). The Bluegrass Area's sole new state representative is Milward Dedman (55th House District).

Senator Carroll will serve constituents in Anderson, Franklin, Woodford, and Fayette Counties. Senator Jensen will represent Estill and Powell Counties. Representative Dedman will represent Anderson and Mercer Counties. Congratulations to these newly elected officials.

POWELL COUNTY CITIES HAVE NEW MAYORS

The City of Stanton and the City of Clay City have new mayors. To fill vacancies, the City Council of Stanton selected Virginia Wills as Stanton's new mayor while the City Council of Clay City selected Jim Caudill as that city's new mayor.

Mrs. Wills was elevated from her position on the Stanton City Council while Mr. Caudill returns to the mayor's office after having filled that post from 1998 to 2002. Both of these new mayors will serve out the two years remaining of the mayor's term of office.

Congratulations go to each of these Powell County leaders.

RECORDS MANAGEMENT WORKSHOP HELD

The Kentucky Department of Libraries and Archives and the Bluegrass Area Development co-hosted a Records Management Workshop in late October at the ADD District office. The two-hour seminar covered a host of topics, including:

- Legal destruction of obsolete records
- Use of the records retention schedule
- Vital records protection
- E-mail management
- Storage of paper and computer records
- Digital imaging
- Libraries and Archives role – direct service and grants.

The workshop was well attended by city and county elected and appointed officials. County elected officials were also able to receive two hours training credit approved by the Governor's Office for Local Development. Anyone having follow-up questions or desiring additional information should contact Dave Ewen at the ADD or Jerry W. Carlton, Local Records Program, Kentucky Department for Libraries and Archives, 300 Coffee Tree Road, P.O. Box 537, Frankfort, KY 40602. Mr. Carlton may also be reached at 502-564-8300, ext. 258 or by email at jerry.carlton@ky.gov.

TRIM YOUR TRASH AND REDUCE YOUR WASTE LINE

Americans throw away 25% more trash between Thanksgiving and New Year than at any other time of year. That is 25 million tons of trash in just over one month! The holiday season is a good time to start watching your WASTE Line, by reducing, reusing and recycling.

Reducing the amount of packaging is an easy way to trim trash, and save money at the same time. Of the total cost of most grocery store products, 10% is for packaging. This packaging results in almost 1/3 of all trash taken to a landfill. Buying in bulk produces less waste and saves money.

Another way to reduce the amount of garbage is to bring a bag to the grocery store. The U.S. goes through 100 billion plastic grocery bags *each year*. Bringing a bag can save some of the 12 million barrels of oil it takes to produce all of those bags. Some grocery stores will also give credit towards purchases if you bring your own bag!

Many schools, non-profits and thrift stores need what often gets thrown away. Old computers and other electronics in working condition can be given to local thrift stores and non-profits. Cell phones can be reused by spouse abuse centers and police stations for making 911 calls. Nursery schools can use the inside core of toilet rolls and paper towels, egg boxes and jam jars for arts and crafts.

Reusing plastic storage containers keeps cellophane out of the landfill and saves money. Reusing dishtowels, rags and sponges is also more economical and environmentally friendly than using paper towels. Another good way to save landfill space and money is to use rechargeable batteries.

You have reduced, you've reused, and now it is time to recycle. Even if curbside recycling pickup is not available, there is a location nearby that accepts recyclables (Visit www.kentuckypride.com and click on the Reduce Your WASTE Line link to find the nearest recycling center). Paper, glass, plastic (numbers 1 and 2), newspaper and aluminum can all be easily recycled. By keeping recycling containers everywhere there is a wastebasket, recycling will become second nature!

Another way to recycle is to *compost*. Compost is one of nature's best mulches, and it is free! Americans throw away 163 pounds of food per person per year and much of this can be used to make compost. Saving food waste such as eggshells, coffee filters, vegetable scraps and bread crusts can create a wonderful fertilizer and soil amendment. Yard waste, including grass clippings and leaves, can also be composted.

To encourage waste reduction in schools, PRIDE is offering free medium sized recycling containers to classrooms throughout PRIDE's service area.

For more information on how to reduce your WASTE line this holiday season by reducing, reusing, and recycling, visit www.kentuckypride.com or call toll free 866-222-1648.

WESTCARE FOUNDATION, INC. HOLDS FIRST MEETING OF WESTCARE KENTUCKY BOARD OF DIRECTORS

On Saturday, November 20th, the Board of Directors of WestCare Kentucky held its first official meeting. This Board will assist in directing WestCare's programs throughout Kentucky.

A non-profit agency, Westcare Kentucky, Inc. will join six sister organizations located in California, Arizona, Nevada Georgia, Florida, and the US Virgin Islands to provide a broad spectrum of behavioral healthcare and social services to persons of all ages and backgrounds.

Officers of the Board are: Estill County Judge Executive Wallace Taylor and Mr. William Baird-Co-Chairmen; Dr. John Scanlon, Vice Chairman; Mr. Jas Sekhon, Secretary/Treasurer. Judge Taylor has also agreed to serve as Chairman of the Finance Committee.

For more information, contact Jayne Combs at the ADD.

HEALTH & HUMAN SERVICES

ADMINISTRATION ON AGING PROMOTES OSTEOPOROSIS AWARENESS AND FALL PREVENTION

U.S. Surgeon General Richard H. Carmona recently released the first-ever report on bone health. The report found that by 2020, half of all American citizens older than 50 will be at risk for fractures from osteoporosis and low bone mass if no immediate action is taken by individuals at risk, doctors, health systems, and policymakers. This new report says that 10 million Americans over the age of 50 have osteoporosis, the most common bone disease, while another 34 million are at risk for developing osteoporosis. Each year, roughly 1.5 million people suffer a bone fracture related to osteoporosis.

The U.S. Administration on Aging recognizes the need to raise awareness about osteoporosis and bone health. The following outlines some of the efforts currently underway:

In September 2002, the Administration on Aging awarded grants to support the development of an osteoporosis awareness campaign plan aimed at post-menopausal women. Three organizations with extensive experience in the area of osteoporosis received the grants: National Osteoporosis Foundation (NOF), the University of Maine, and the Foundation for Osteoporosis Research and Education (FORE).

As part of the project, the National Osteoporosis Foundation conducted a survey that revealed that even though the majority of women aged 45 and older have at least two risk factors for osteoporosis, only 15 percent of those women not diagnosed by a doctor believe they are at risk for the disease. Few women believe they are at risk for osteoporosis.

FALLS PREVENTION

Agency on Aging (AoA) has launched a new grants program and a public/private partnership to increase older people's access to programs that have proven to be effective in reducing their risk of disease, disability and injury. Two of the local grant projects focus on interventions in falls prevention. The following represents a brief summary of each project:

The Southern Maine Area Agency on Aging is using the Matter of Balance (MOB) program for their intervention, a program that aims to reduce the risk of falling, stop the fear of falling cycle, and improve activity levels among community dwelling older adults. The goal of the program is to use volunteer lay leaders as facilitators, in order to offer a more affordable program in the community setting. A variety of classes and activities are held, which address the physical, social and cognitive factors associated with falling, and also incorporate an introduction to exercise. Strategies include:

- Promoting the view of falls and fear of falling as controllable
- Setting realistic goals for increasing activity
- Changing the environment to reduce fall risk factors
- Promoting exercise to increase strength and balance

The North Central Connecticut Area Agency on Aging bases its intervention on the Yale Frailty and Injuries: Cooperative Studies of Intervention Trials (FICSIT) and other random controlled trials. The goal is to embed a sustainable evidence-based fall prevention program within greater Hartford senior centers by enhancing fall prevention-related knowledge and behavior, while also building or enhancing relationships between senior centers and relevant community and health care organizations. Objectives are to develop, implement, evaluate, and disseminate a fall prevention program that is based on research targeting the following risk factors:

- Balance, gait, and vision impairments
- Postural hypotension
- Multiple medication use
- Home hazards

For additional information on the recently released report, "Bone Health and Osteoporosis: A Report of the Surgeon General," visit <http://www.surgeongeneral.gov>.

AREA AGENCY ON AGING PARTICIPATES IN OVAR/GEC BIOTERRORISM MEETING

Many vulnerable and frail elders live alone in our seventeen county ADD area with sometimes very limited support systems. A large percentage of those persons who are sixty and older receive in-home health care services for health problems such as arthritis, high blood pressure, heart disease and respiratory complications. These persons need easy and fast access to information regarding emergency situations, whether it is for natural disasters or terrorism, and often require intensive assistance at home to prepare for either "sheltering-in-place" or evacuation. Senior Center case workers, Hospice and Health Department nurses and home care providers understand some of the implications for Senior Citizens in responding to these disasters but more specific plans are needed in the areas of disaster/bioterrorism responses for those in the field of aging.

In response to these issues, the Ohio Valley Appalachian Regional Geriatric Educational Center (OVAR/GEC) held a meeting at the ADD to discuss and plan for the upcoming bioterrorism educational conference scheduled for the spring of 2005. Participating agencies were the Bluegrass Area Agency on Aging, Lexington Fayette Urban County Health Department, Jessamine County Health Department, Hospice of the Bluegrass, Lexington Fayette Urban County Government Aging Services, Madison County Health Department and the University of Kentucky Sanders Brown Center on Aging. The focus for the meeting was to discuss bioterrorism and emergency preparedness in our communities for elders and their care providers. Since Kentucky is one of ten states that are in the Chemical Stockpile Emergency Preparedness Program (CSEPP) and includes the counties of Clark, Estill, Fayette, Garrard, Madison, and Powell, this is an important issue in which the BGADD-AAA needs to be involved. More information will be available in future editions of Bluegrass ADD-VANTAGE as plans progress for the spring conference or you can contact Arleen Johnson at OVAR/GEC or Randy Lawson at the ADD.

MEDICARE PREVENTIVE BENEFITS BEGIN JANUARY 2005 WITH A GOAL OF HEALTHIER SENIORS

America's seniors will soon have new benefits that will help them live healthier lives, including Medicare-provided medical screenings for heart disease and diabetes, HHS Secretary Tommy G. Thompson announced in November in a department-wide campaign to maximize preventative health care.

For new Medicare beneficiaries, the "Welcome to Medicare" physical exam, coupled with an increasingly broad set of preventive benefits including prescription drug coverage, provides Medicare beneficiaries with greater access to more prevention-focused benefits than ever before. These services are key features of the Medicare Modernization Act (MMA), signed into law by President George W. Bush in December 2003.

To support the focus on prevention-oriented health care for seniors, Secretary Thompson launched a coordination of resources between HHS agencies, specifically the Centers for Medicare & Medicaid Services (CMS) and the Centers for Disease Control and Prevention (CDC). "We are committed to healthy aging and to closing the prevention gap so America's seniors can learn new ways to prevent illness and if they do get sick, to treat problems early," Secretary Thompson said. "This new effort will improve the quality of life for seniors and their families."

Medicare recently mailed an updated "Medicare and You" handbook that, for the first time, emphasizes Medicare's new prevention-oriented focus. The handbook informs beneficiaries of what they should do to take advantage of these new services dedicated to early detection and treatment of disease.

"Too many seniors do not use the services that make it possible to find and treat illnesses before they lead to more serious problems, as well as avoidable increases in health care costs," said CMS Administrator Mark B. McClellan, M.D., Ph.D. "The new law gives us the tools to close this 'prevention gap' for seniors, and we're going to do all we can to use these new opportunities to keep seniors healthy."

The difference between the number of seniors who could take advantage of preventive services that include vaccines and screenings and those who actually do is known as the "prevention gap."

CMS will also work closely with the CDC and other HHS agencies to share the prevention message with seniors and their families throughout the nation to broaden the emphasis on prevention and early detection, including the areas of diabetes, elevated cholesterol levels and cancer. Medicare's new comprehensive set of preventive benefits includes the "Welcome to Medicare" physical exam and screening for heart disease and diabetes. Coverage also includes screening for weak bones, glaucoma, and cancers of the colon, breast, cervix, and prostate. The exam is aimed at providing education and counseling about the preventive services that may be needed. Dr. McClellan said he believes the exam will significantly improve the health prospects of Medicare beneficiaries as they enter the program and learn about preventive measure they may not have known were needed. Closing the prevention gap, Dr. McClellan noted, could save many thousands of lives and billions of dollars in avoidable medical expenses for preventable complications associated with heart disease, diabetes, cancer, weak bones, high blood pressure, smoking, inactive lifestyles, and other illnesses and unhealthy behaviors.

METLIFE FOUNDATION AND NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING SEEK NOMINATIONS OF OUTSTANDING OLDER VOLUNTEERS

You are invited to respond to a Call for Nominations for the 2005 Older Volunteers Enrich America Awards program sponsored by MetLife Foundation. Now in its third year, the program, administered by the National Association of

Area Agencies on Aging (n4a), honors the exemplary contributions of older volunteers and promotes volunteering among other older adults nationwide.

Twenty-five volunteers will be honored at an awards ceremony scheduled in Washington, D.C. on Friday, April 22, 2005, during National Volunteer Week. The program honors volunteers age 50 and older who have served for at least one year.

Nominations may be submitted in one of three categories: **Community Champion** for older volunteers who make their community a better place to live; **Mentor** for older volunteers who work with young people and their families; and **Team Spirit** for older volunteers who help other older adults. One Gold Honoree will be chosen in each of the three categories. All of the honorees will receive engraved gifts and the organizations that host the volunteers will receive monetary awards.

The Bluegrass Area Agency on Aging knows that there are many outstanding senior volunteers in our communities. If you would like to nominate someone please contact Randy Lawson at the ADD or Leslie Swift-Rosenzweig at 202-872-0888. **Nominations must be received by National Association of Area Agencies on Aging no later than Wednesday, December 22, 2004.**

PROJECT LIFESAVER COMES TO KENTUCKY

"Project Lifesaver", established in 1999 as an initiative of the 43rd Virginia Search and Rescue Company of the Chesapeake, VA, Sheriff's Office, is an effective rescue program for wandering victims of Alzheimer's Disease and related disorders, Autism, Down Syndrome, and brain injuries. The program equips people with specially designed wrist or ankle bracelets that emit a signal and allow emergency personnel to find them quickly.

The Franklin County Sheriff's Office is the first law enforcement agency in the Commonwealth to be certified in the "Project Lifesaver" program. Franklin County Sheriff Detective Pat Melton is the Commonwealth's statewide coordinator. The local Lion's Club provided sponsorship for the start-up costs. Clients or their caregivers will pay \$263 for the transmitter and no more than \$25 a month for maintenance and monthly battery replacement. Fund raising is underway to offset the costs for individuals that cannot afford to pay.

The Fayette County police, fire and sheriff's departments are partnering with many community agencies including the Bluegrass Area Agency on Aging to bring "Project Lifesaver" to the community in early winter. A press conference to announce the project in Lexington will be scheduled the first week in December.

For information on "Project Lifesaver" in the Franklin County area contact Detective Pat Melton at 502-875-8740. The Fayette County contact is Officer John Carmichael at 859-258-3600 or Robynn Pease at 859-258-3806.

TIS' THE SEASON FOR SENIOR CITIZENS TO BE _____!

If you completed that sentence with the words "isolated", or "lonely" or "depressed", then you may be talking about the many seniors in our area who may not get to experience all the joys normally associated with this holiday season. Many seniors find themselves more isolated due to bad weather and poor driving conditions along with decreasing daylight hours. Others may feel

lonely due to fewer visits with family and friends who find themselves “too busy” with holiday shopping and tighter schedules during the holidays. Many variables account for the increase in isolation and depression for the elderly but it is certain that no matter the reason, many seniors will not get to enjoy the festivities of this holiday season.

At a time of year when more and more people are thinking about visiting or volunteering at soup kitchens, nursing homes and homeless shelters, there are seniors who may be your relatives, next door neighbors or friends that you have not seen lately who would also love the opportunity to enjoy a holiday activity with you. A simple offer of a ride to enjoy a holiday program for an isolated or lonely senior may be the best memory made during the season. Our Bluegrass communities and local churches offer many special programs and events that are wonderful options for a wintertime or holiday activity. Senior Citizens Centers are also a great place for friends and neighbors to gather to share the laughter and joys of the holidays. The Bluegrass Area Senior Citizen Centers offer meals, programs, activities and parties throughout the holidays that help beat those wintertime blues and provide opportunities for people to socialize. A phone call to your local senior center will provide you with many options for a great time out with a friend or loved one over the holidays.

Some of the activities planned at our Bluegrass Senior Centers include Senior Citizen handbell performances, Christmas bazaars, Holiday craft making classes, musical programs from elementary school choirs, pot-lucks and Holiday shopping trips. Many more activities will be planned as the holidays get nearer but if you know a Senior Citizen you would like to invite to a program, there is no time like the present to make the offer of that ride to one of these events, after all...Tis the season! Have a joyous Holiday Season of sharing, caring and blessings galore from the staff of the Bluegrass Area Agency on Aging.

2005 WHITE HOUSE CONFERENCE ON AGING LAUNCHES WEB SITE

The 2005 White House Conference on Aging (WHCOA) recently unveiled its Web site (<http://www.whcoa.gov>), which houses an array of information about the planning and progress of the 2005 White House Conference on Aging. The site not only features architecture for easy navigation and access to information, but also contains a calendar of events and links to other resources. The site is designed to reach a growing number of individuals who increasingly use the Internet to gain information, conduct daily business and lead healthier, better quality lives.

The WHCOA’s new Web site will provide information about the Conference, which is scheduled to take place on October 23-26, 2005 in Washington, D.C. Included on the site will be results of Policy Committee meetings including the development of the Conference agenda, topic areas and the delegate selection, as well as important regional, state and local information related to the Conference. The WHCOA Web site will continue to be updated as information becomes available.

Twenty-two percent of seniors (about 8 million) were Internet users in 2004, up from 15 percent in 2000, according to a recent study conducted by the Pew Internet & American Life Project. This group, together with the country’s 78 million baby boomers, makes up the fastest growing Internet population.

The mission of the WHCOA is to make policy recommendations to the President and Congress, and to assist the public and private sectors in promotion dignity, health, independence and economic security of current and future generation of older persons. In addition to addressing issues of the current older population, the 2005 White House Conference has a mandate to focus on needs and impact of those individuals born between 1946 and 1964 – baby boomers.

WATER & WASTEWATER

2004-05 WASTEWATER MANAGEMENT PLANNING

Efforts continue on the Bluegrass Wastewater Management Plan. As proposed by the Kentucky Infrastructure Authority in mid-2003, the wastewater management plan continues on track with little departure from its original goal—to assess the nature and delivery of wastewater service throughout the Bluegrass Region and explore the possibility of comprehensive wastewater service delivery, utilizing the best available technology. Data collection and background research are currently underway to explore what is currently in place with respect to the various municipalities and independent utility districts that offer wastewater service. In cooperation with county judges-executive and mayors, a tentative meeting schedule has been developed and wastewater-planning meetings are being held in the local communities to discuss wastewater issues. Most recently, on November 3, 2004, Estill County hosted their wastewater-planning meeting. There were many people at the table to discuss current and future wastewater service in their area.

By developing a coverage strategy and a long-term plan with respect to wastewater in our cities and counties, communities will be better prepared to accommodate development. It is encouraging to see elected officials, utility managers, state agencies, and the public have made commitments to work together and plan for the future delivery of wastewater service in their communities. The value of adequate wastewater service cannot be overstated.

For more information concerning the ongoing wastewater management planning effort or other aspects pertaining to this topic, please contact Matt Belcher or Don Hassall at the Bluegrass ADD.

ADD STAFF STUFF

BLUEGRASS AREA DEVELOPMENT DISTRICT WELCOMES NEW STAFF MEMBER

The Bluegrass Area Agency on Aging is pleased to introduce Sue Spears, who joined the staff in October as an Aging Program Specialist. Sue is a native of Lexington and attended the University of Kentucky where she received a Bachelor of Arts in Social Work. She is currently pursuing a master's degree in Industrial Education, Occupational Training and Development at Eastern Kentucky University. The main project Sue will undertake is the management of the Division of Aging Services data tracking system which will be implemented by all the aging programs. Sue is mother to a three and half year old daughter named Ashley who is learning the Suzuki method of playing the violin.

MEETING CALL

ADD Executive Board Meeting	12/15 6:00 p.m.
Regional Planning Council	1/15 4:00 p.m.
Transportation Advisory Committee	11/10 1:30 p.m.
Tourism, Historic Preservation, Recreation Advisory Committee	1/11 10:00 a.m.
Aging Council	1/12 10:00 a.m.
Natural Resources & Environmental Protection Advisory Committee	2/9 4:15 p.m.
Human Services Advisory Committee	12/20 1:30 p.m.
ADD Quarterly Board Meeting	1/26 6:00 p.m.

ALL meeting dates/times subject to change.

Chairman	Judge Tony Wilder
Vice-Chairman	Judge R.W. Gilbert
Secretary	Mayor Dodd Dixon
Treasurer	Mrs. Linda Magee
Executive Director	Jas S. Sekhon
Assistant Executive Director	Lenny P. Stoltz II



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