

CITIES AND COUNTIES DEMONSTRATE NEED THROUGH HIGH VOLUME OF GRANT APPLICATIONS

ADD staff recently completed a number of grant applications on behalf of the District's cities and counties. Proposals requested funding for recreational and interpretive trails, welcome centers, historic preservation, streetscapes, skate parks, sports fields, and other improvements. In total, 25 grant applications were submitted to the Governor's Office for Local Development and the Kentucky Transportation Cabinet, thus demonstrating the great need for these types of projects in the Bluegrass.

The Land and Water Conservation Fund, Recreational Trails Program, and Transportation Enhancement program all opened and closed their funding cycles within weeks of each other. During that time, ADD staff met with local officials to help prioritize their needs and determine the best route for funding of various projects. The following projects were identified and submitted for funding:

<u>Entity</u>	<u>Project</u>
Anderson County Fiscal Court	Anderson County Park Improvements
City of Lawrenceburg	City of Lawrenceburg Skate Park
Bourbon County Fiscal Court	Legion Park Walking Trail Extension
City of Paris	Garrard Park Phase II Walking Trail
City of Ravenna	Choo-Choo Park Improvements
City of Ravenna	Downtown Ravenna Streetscape
City of Ravenna	Choo-Choo Park Recreational Trail
Estill County Fiscal Court	Lockhouses Preservation
Garrard County Fiscal Court	Jaycees Ball Park Tee Ball Field Construction

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Harrison County Fiscal Court	Fair Grounds Improvements
City of Wilmore	Historic Welcome Center & Transportation Museum
Jessamine County Fiscal Court	Riney-B Recreational Trail
Jessamine County Fiscal Court	Soccer Complex Improvements
City of Stanford	Willys-Overland Garage Restoration, Phase III
Lincoln County Fiscal Court	First Southern Veterans Park Recreational Trail
Lincoln County Fiscal Court	First Southern Veterans Park Bleachers
Madison County Fiscal Court	Battlefield/Herndon House Park Recreational & Interpretive Trail
Mercer County Fiscal Court	Pedestrian and Bicycle Trail
Nicholas County Fiscal Court	Jockey Park Recreational Trail
Nicholas County Fiscal Court	East End Park Tennis Court Refurbishment & Improvements
City of Stanton	Little League Field Development
Powell County Fiscal Court	Slade Exit Welcome Center
City of Sadieville	Sadieville Streetscape
City of Versailles	Lewis Walton Park Recreational Trail
City of Versailles	Apollo Park Skate Park

Contact Lora B. Littleton at the ADD for additional information on the Transportation Enhancement program, Land and Water Conservation Fund, and Recreational Trails Program.

TAKING ADVANTAGE OF GIS TOOLS

In the past few months, the Bluegrass Area Development District has made great strides in the utilization and distribution of GIS data within the district. Since the roll-out of ESRI's ArcServer, the ADD has been developing web-mapping applications. All web-based projects have tremendous practicality. One use worth mentioning is being utilized by the Jessamine County Water District #1. After a period of extensive field data collection (locations of meters, valves, lines, hydrants, and end caps), ADD staff developed a web-based map that can

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be utilized by anyone with an Internet connection. This has allowed the water district's employees to work without having to pack around hard copy maps. Having data on-line helps them verify and check the work done by the ADD, as well as begin preliminary planning on new projects. Carl Waits, chairman of the district, stated "I have found it very helpful. It helps me get rough measurements and an idea about the cost of a project we are getting ready to start." One tool that is utilized by Carl is the distance tool. There are other helpful tools within the ArcGis server such as: query, zoom in and out, and tables for the mapped features. These are just a few of the advantages of using an Internet-based mapping application

For those without an Internet connection, the BGADD has developed a stand-alone mapping application called the GIS ADD-Vantage. This software works in conjunction with ESRI's ArcReader. The software provides a powerful tool to anyone in Bluegrass Area counties and cities that have a need for mobile GIS Data. The GIS ADD-Vantage is currently free to all county and city personnel to install on as many computers as needed. There will be a small charge to package the data into a useable form; however, the cost is minimal. Anderson County and the City of Lawrenceburg's police departments have tested this software by installing in all police vehicles Mobil Data Computers (MDC) to assist in locating Emergency Service calls. The software will allow users to search for addresses, display photographs, and connect low-end GPS devices in order to obtain current positions, query features, print maps, and much more.

For more information regarding how you will be able to use any of these tools contact Shane New or James Whisenhunt at the ADD office.

MAY IS OLDER AMERICANS MONTH

Never has it been more evident that one of the biggest challenges facing the United States is how we will care for our grandparents, parents, and loved ones as they age. Views may vary on how to prepare for what will be a diverse wave of seniors, whose ranks are growing due to the aging of 78 million baby boomers who will begin to turn 65 in 2011. But all agree that this shift in our nation's demographics will have profound implications for our economic and social landscapes at the national, state and community level.

Federal, state and community leaders are witnessing sweeping fundamental transformations in the way we think about and deliver health and long-term care in this country. It is becoming increasingly apparent that the overwhelming preference of the American people is to remain at home for as

long as possible and to have choice and control over how and where they live as they age. The nation's national aging services network, led by the U.S. Administration on Aging and comprised of State, tribal and area agencies on aging, as well as more than 29,000 community service providers, caregivers and volunteers, know this and have worked hard to carry out their mission under the Older Americans Act to provide for and to protect the independence and dignity of our older citizens.

For 44 years, our nation has paused to honor older Americans during May. During this special month, the ongoing contributions of our older citizens are highlighted with a national proclamation issued by the President of the United States, and activities and events are planned in communities across America.

The theme for Older Americans Month 2007 is "Older Americans: Making Choices for a Healthier Future". This theme encourages us to think differently about health and long-term care, and work together to rebalance and modernize our current systems so that we may adequately plan for and address the needs of current and future generations. Older persons are entitled to live lives of dignity and independence through:

- Streamlined access to information as well as to home and community services, including information that will enable people to plan ahead for long term care,
- Information about cost-effective prevention practices and activities that will improve health and quality of life and reduce risk of disease, disability and injury, and
- Innovative, affordable and flexible options of care and support that will provide an array of choices about how and where to live.

People of all ages are urged to use the occasion of Older Americans Month to plan, promote and participate in activities during May and throughout the year that reflect the tenets of the national theme. We must all work together to ensure that every older person in this country is treated with dignity and respect and, moreover, has the opportunity to make the choices they desire to enjoy a healthy and rewarding future.

Senior Centers in the Bluegrass Area have organized special events in recognition of Older Americans Month. For additional information, please contact your local senior center.

MEDIAN CABLE BARRIER PROJECT ANNOUNCED FOR PIVOTAL REGIONAL ROADWAY

Work crews will soon begin installing a median cable barrier system on New Circle Road in Lexington. The cable barriers will stretch from Old Frankfort Pike south to Richmond Road, a

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distance of just over eight miles. Governor Fletcher's Chief of Staff Stan Cave announced the \$2.4 million project to community leaders during an event at Cardinal Park South.

"These median cable barrier systems are extremely efficient in preventing cross-over crashes. This investment will greatly improve safety for the 70,000 motorists who drive along New Circle Road each day," said Cave.

Work is anticipated to begin within the next few weeks. The project is scheduled to be completed by the end of the summer. All work is scheduled on a tentative basis and is subject to change depending on weather conditions, emergencies and other factors beyond the control of the Department of Highways.

"This investment is an example of essential community improvements that are possible when the Governor and Lexington delegation work collaboratively to address local issues," said Rep. Stan Lee (R-Lexington).

Earlier cable barrier projects in Louisville, where similar systems were installed on I-64, I-71 and I-265, have proven successful in preventing cross-over crashes. To date, the barrier systems in Louisville have been credited with preventing over 70 potential crossover collisions, and in all incidents the cable barrier has successfully kept vehicles from crossing the median into opposing traffic.

WATER SUPPLY COMMISSION SETS SIGHTS ON YEAR 2010 PROJECT IMPLEMENTATION

For decades there has been talk about the need for additional potable water supply for Lexington together with much of Central Kentucky. This region has experienced significant growth in its population and in its economy for decades. Unfortunately, the region's available water supply has grown hardly at all.

With the addition of the City of Berea to the Bluegrass Water Supply Commission's (BWSC) membership in late March, the BWSC now consists of ten municipalities. Its member communities are: Berea, Cynthiana, Frankfort, Georgetown, Lancaster, Lexington-Fayette, Mt. Sterling, Nicholasville, Paris, and Winchester. Together, these cities and the customers served by the water utilities in these communities provide water service to more than 600,000 Kentuckians—fully 15 percent of the population of the Commonwealth.

The ADD hosted a luncheon meeting in early April, attended by representatives of the Bluegrass Water Supply Commission and many of the mayors and judges/executive in the region. All received the challenge—*carpe diem*—which is the Latin phrase for

seize the day. The water commission fully expects to enter into a business relationship with the region's largest water utility, the investor-owned Kentucky American Water Company (KAW). BWSC expects to purchase an equity ownership in a new regional water treatment plant and water transmission line that will bring additional treated water supply to the heart of Central Kentucky. While Kentucky American Water expects to invest more than \$150 million in the effort, the BWSC is looking at its share of the project to cost about \$61 million. BWSC's one-fifth share in the regional water treatment plant would cost about \$21 million; BWSC's one-fifth share in the large diameter water transmission line from the new treatment plant south and east to north-central Fayette County is expected to cost another \$20 million. The interconnecting links to those municipal water systems that would be served in the initial phase of the project are expected to cost the BWSC an additional \$20 million. In order to keep at a reasonable level the price of the potable water that the BWSC would sell to its member water utilities, BWSC is seeking \$25 million from State Government, the Federal Government, or a combination of the State and Federal governments

A significant meeting was held on May 21 at the pavilion at High Bridge Park in Jessamine County. Attending were many elected and lay leaders from Central Kentucky and beyond. It became clear that the window of opportunity to act jointly with Kentucky American Water will be available for less than 12 more months. Beyond that, and without the assurance of the involvement of the BWSC, KAW will have to start the project on its own as completion by mid 2010 is necessary. If KAW moves forward without BWSC, the opportunity for joint action may well be lost for the foreseeable future. Hence, the *carpe diem* philosophy.

At stake is nothing less than the continued vitality of the Central Kentucky economy. The lack of an adequate water source could certainly put the brakes on the economic expansion that has continued unabated for years.

For more information, contact Don Hassall, General Manager of the Bluegrass Water Supply Commission at (859) 269-8021 or dhassall@bgadd.org

ROLLING OUT THE RED CARPET IN THE BLUEGRASS

Many associate Hollywood with red carpet affairs, but Danville was recently the host of such an event. The Norton Center for the Arts served as home to the debut of *The Battle of Perryville: The Invasion of Kentucky*. The movie, which was produced by Wide Awake Films, was shown to the public and invited guests on Saturday, April 14.

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Production of the movie is a major step in marketing the Perryville Battlefield as a significant part of the country's Civil War story. Many people across Kentucky realize the importance of the historic battle that took place in October, 1862. Now people across the nation will know the name Perryville, as the movie will be placed alongside other well known movies featuring battle sites such as Gettysburg. The movie will be available at national battlefield parks, as well as at the Perryville Battlefield State Historic Site gift shop.



Chris Kolakowski, PBPA Executive Director, presents Boyle County Judge-Executive Tony Wilder and KY Parks Commissioner J. T. Miller with a framed print of the 2006 Battle of Perryville Re-enactment.

At a reception held the evening of the premiere, partners of the Perryville Battlefield Preservation Association (PBPA) were recognized for their continued assistance to the site. Chris Kolakowski, PBPA Executive Director, presented the Kentucky Department of Parks Commissioner and Boyle County Judge/Executive with framed prints depicting the 2006 Perryville Battlefield Re-enactment. The prints are available for purchase from the PBPA, and 50% of the proceeds go to support efforts of the PBPA.

For additional information on Kentucky's most famous Civil War battlefield, please contact Chris Kolakowski at 859-332-1862.

CHRONIC DISEASE SELF-MANAGEMENT PROGRAM TO BE OFFERED

Two Bluegrass Area Agency on Aging staff recently completed four days of Leaders Training for Stanford University's Chronic Disease Self-Management Program (CDSMP), which was provided at the Big Sandy ADD office in Prestonsburg.

The Chronic Disease Self-Management Program is a workshop given for two and a half hours once a week for six weeks in community settings such as senior centers, churches, libraries and hospitals. People with different chronic health problems attend together. Workshops are facilitated by two trained leaders, one or both of whom are non-health professionals with a chronic disease themselves.

Subjects covered include: 1) techniques to deal with problems such as frustration, fatigue, pain and isolation, 2) appropriate exercise for maintaining and improving strength, flexibility, and endurance, 3) appropriate use of medications, 4) communicating effectively with family, friends, and health professionals, 5) nutrition, and 6) how to evaluate new treatments. Each participant in the workshop receives a copy of the companion book, *Living a Healthy Life with Chronic Conditions* (3rd Edition), and an audio relaxation tape, *Time for Healing*.

It is the process in which the program is taught that makes it effective. Classes are highly participative, where mutual support and success build the participants' confidence in their ability to manage their health and maintain active and fulfilling lives. Area Agency on Aging staff will be providing the training in the Bluegrass Area as part of their Older American's Act Health Promotion and Disease Prevention programming. For more information, contact Randy Lawson or Rhonda Davis at the ADD.

KENTUCKY RIVER DAM 9 RECONSTRUCTION UNDERWAY

Major construction on Kentucky River dams has been a while in coming. In fact, it has been 90 years since a major dam was constructed on the Kentucky River, and that was Dam 14 at Beattyville. The string of nine consecutive decades has been broken, however, as the reconstruction of Dam 9 at Valley View is well underway under the watchful care of the Kentucky River Authority (KRA). Because of its age, condition, and overall value to the water supply needs of the Central Kentucky region, Dam 9 was selected by the River Authority as the place to start. The new dam, adjacent to the existing dam, will consist of steel cylinders filled with concrete and locked together. The construction project will cost \$14.7 million and will take two years to complete. Kentucky American Water Company, the region's largest water utility, withdraws the majority of its water supply from the pool impounded by Dam 9.

To pay for the work, the assessments upon water withdrawers are expected to rise over the next few years. Water utilities pass along to consumers the River Authority water withdrawal fee which, for many households today, is less than fifty cents per month. As the dam replacement work continues, consumers could be paying an additional \$1.45 to \$1.80 per month in water withdrawal fees, according to recent estimates.

Some consider the Dam 9 work a significant addition to the region's water supply, but in reality it is far from that. The reconstruction of Dam 9 is merely a measure to assure that the

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water supply that we have long considered to be available from Pool 9 will continue to be there for additional decades. The new dam will not add any water to the region's available supply. For more information on this or other water supply issues, contact Don Hassall at 859-269-8021.

DUTTLINGER NAMED AS ADD'S DIRECTOR OF COMMUNITY AND ECONOMIC DEVELOPMENT



Bluegrass ADD announces the recent hiring of David Duttlinger as its new Director of Community and Economic Development. David is a native of the Bluegrass Area, having attended high school in Berea.

David joins the ADD after serving as a project manager for ten years with a Lexington-based consulting firm. During this time, David specialized in the water and wastewater service sector, managing every stage of infrastructure projects, cradle to grave, from project conception, financing, design, production of plans and specifications, bidding, and construction administration. He also has engineering design experience in water distribution, wastewater collection, stormwater management, automated wastewater and stormwater sampling, and infrastructure rehabilitation. He has served clients from Central Kentucky to Phoenix, Arizona, to Picauhua, Ecuador. In addition to the technical side of engineering, David has management consulting experience in writing preliminary engineering reports, facility plans, and water supply plans; conducting rate studies; determining impact fees; and negotiating sewer surcharge assessments.

Prior to entering the consulting business, David spent four years on active duty in the Civil Engineer Corps, United States Navy. During his active duty years, he completed tours in Public Works in Adak, Alaska and with a Navy Seabee Construction Battalion in California. After leaving active duty, David affiliated with the Navy Reserves. During his military career, David has been fortunate enough to truly see the world, traveling to Korea, Japan, England, Spain, Norway, Greece, Bahrain, Guam and Iraq. In 2004, David was recalled to active duty and deployed to Iraq in support of the First Marine Expeditionary Force. While in Iraq,

he served as the liaison officer to the Coalition Provisional Authority and Project Contracting Office, to support Iraq reconstruction efforts.

David's undergraduate study is from Vanderbilt University, with a Bachelors of Science in Civil and Environmental Engineering. He holds a Masters of Science from Stanford University in Environmental Engineering. In 1998, David decided to take evening classes from the University of Kentucky, eventually earning a Masters degree in Public Administration from the Martin School at the University of Kentucky in 2002. David is a registered professional engineer in the State of Kentucky.

David's hobbies include running, swimming, backpacking and fishing. David and wife Christine have two sons, Nathan, age 3 ½ and Ben, age 1 ½.

WILMORE INTERCONNECTION NEARS COMPLETION

The City of Wilmore has reached a 95 percent completion point for construction of its Wilmore / Nicholasville Water Distribution Interconnection project. The special-order equipment was received in late October of last year and installed during the spring of 2007

Wilmore's project created an interconnection between the City of Wilmore's water distribution system and that of the City of Nicholasville. The connection on Jessamine Station Road at Drake Lane will enable the two cities to transmit water to one another by way of 6-inch distribution mains during water shortages and water catastrophes.

The project is financed by a \$100,000 Tobacco Development Fund Grant award and processed through the Kentucky Infrastructure Authority. The Bluegrass Area Development District is administering the grant on behalf of the City. For additional information, contact Dave Ewen at the ADD.

FIRST LINK OF *RAIL TO TRAIL* DEDICATED

Abandoned rail lines make excellent biking and walking trails, a consensus that has developed across Kentucky and the nation as a whole. As the nation becomes more and more urbanized, the opportunity to develop lengthy trails often is diminished, and would be more so if not for the occasional availability of rail corridors that have been or are being abandoned by the railroads. As a result the initial one mile section of Lexington's Brighton East Rail Trail came into reality. Eight years in the making, the trail runs from Lexington's Bryant Road to Pleasant Ridge Drive. It was paid for with \$426,000 in federal funds.

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Eventually, this one mile segment will be a part of a 109-mile long trail that will run from Lexington to Coalton, just outside of Ashland. Winchester, Mt. Sterling, Morehead, and Carter County are working to build more sections of the 109-mile trail that will eventually be known as the Lexington Big Sandy Rail Trail.

Such linear parks are good for the economy because they lead to the development of businesses such as trailside cafes, bed and breakfast inns, and bicycle shops. The trails help increase the property values of residents who live near them.

Funds are available to build another mile-long section of the Brighton East Trail, this time from Pleasant Ridge Drive to Deer Haven Lane. An additional four miles of rail trail are planned for the near future, according to a spokesperson. A 2001 survey showed that Kentucky had 1,240 miles of abandoned railroad lines. Of that mileage, only 33 miles have been converted to rail trails thus far.

NATIONAL CENTER ON SENIOR TRANSPORTATION PARTNERS WITH AGING NETWORK

The National Center on Senior Transportation is a new initiative designed to improve senior transportation services. The National Association of Area Agencies on Aging (N4A) and Easter Seals are implementing the Center's activities through a cooperative agreement with the Federal Transit Administration and the Administration on Aging (AoA). With assistance from its project team (American Society on Aging, Beverly Foundation, Community Transportation Association of America, and the National Association of State Units on Aging), the Center is tasked with providing technical assistance to the aging network, human service transportation providers, transit agencies, and other organizations interested in improving senior transportation options.

To guide this effort, a web-based survey was developed to capture the types of assistance organizations might need in order to develop new or enhance existing transportation services for older adults. For questions related to the Center, please contact Tabitha Wilson (twilson@n4a.org). Hard copies of the survey are available by contacting Jeff Flynn (jflynn@nelsonnygaard.com), or online at www.surveymonkey.com/s.asp?u=841653453770.

HARRODSBURG COMPLETES PUMP STATION PROJECT

The City of Harrodsburg has completed the first of two projects funded through grants appropriated by the 2005 meeting of the Kentucky General Assembly. Final inspection, completion reports, and the final financial draw were submitted to the Kentucky Infrastructure Authority in early May as the

Anderson-Dean Park Pump Station Replacement project was concluded.

The \$250,000 Tobacco Grant provided improvements to the collection system and increased capacity. The project included replacing an existing grinder station with a duplex non-clog pump station, installing approximately 3,200 linear feet of 6-inch force main, and upgrading the downstream station. For more information, contact Dave Ewen at the ADD.

HINDMAN SELECTED AS KENTUCKY'S TOP ECONOMIC DEVELOPMENT OFFICIAL

Retired UPS executive John Hindman has been tapped by Governor Fletcher as the new Economic Development Cabinet Secretary. Hindman will replace Gene Strong who retired in January. Governor Fletcher selected Hindman from a list of three finalists first identified by a national search firm and selected by the Economic Development Partnership Board.

Hindman is a 33 year-employee of UPS, most recently serving as vice president of strategic communications and public affairs. Among key achievements during his tenure with UPS was leading the negotiations for state tax incentives that allowed UPS to launch a \$1 billion expansion of its Louisville operations. Those who know him best have suggested that Mr. Hindman "won't be afraid to make bold decisions."

For more information on economic development issues, contact Craig McAnelly at the ADD.

GARRARD COUNTY RECEIVES FUNDING FOR COMMUNITY AND HIGHWAY PROJECTS

Governor Fletcher recently announced the award of projects in Garrard County representing approximately \$43 million worth of funding. The largest project, which is estimated at \$42 million, involves widening the US 27 corridor in Garrard County. Located in the north end of the County, this highway improvement will accommodate the quickly growing area to better provide access to jobs and other opportunities while mitigating congestion.

In addition to other various road improvement projects, the Governor presented the County with a \$500,000 ceremonial check for a downtown revitalization project. The historic Grand Theater will be restored and renovated with funds from a HUD Community Development Block Grant (CDBG). As one piece of a larger plan for downtown revitalization, the project will seek to add a cultural component to the downtown area while also serving as a tool for economic development. The project will

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keep the community on track for preserving its heritage while revitalizing downtown.

STATE HISTORIC PRESERVATION OFFICER NAMED

Donna M. Neary has been appointed executive director of the Kentucky Heritage Council. That position also makes her Kentucky's new State Historic Preservation Officer (SHPO). For the past seven years, Ms. Neary has been president of her own consulting company which specializes in preservation issues, including the nomination of structures to the National Register of Historic Places. Ms. Neary replaces David L. Morgan who retired after 30 years with the Heritage Council.

LEXINGTON TO EMPHASIZE THE DEVELOPMENT OF TRAILS

Mayor Newberry's FY 2008 budget proposal includes \$2 million for recreational trails in the next budget cycle. Before the end of 2007, Lexington's trail mileage should nearly double with the construction of 6.5 more miles of paved trails for bicycling, walking and other types of non-motorized recreational use. The additional mileage, scattered throughout Fayette County in six planned trail sections, will bring the total number of trail miles in the county to 15.

Trail sections to be built (or put in use) in 2007 include:

- A second mile of the Brighton East Rail Trail, from Pleasant Ridge Drive to Deer Haven Lane.
- Town Branch Trail, two miles long, from Long Branch Lane to Alexandria Drive.
- South Elkhorn Trail, one mile from Lockdale Terrace to Joseph Bryan Way.
- Wellington Trail, a half mile on Reynolds Road from the roundabout to the Shillito Park entrance.
- Liberty Park Trail, a half-mile parallel to Flying Ebony Drive.
- West Hickman Trail, a mile and a half trail from Man o' War Boulevard to Veterans Park.

For more information, contact Lora Littleton at the ADD.

RIBBON CUTTING CEREMONY HELD IN ESTILL COUNTY

On Friday, May 11, state officials gathered on the courthouse steps in Estill County for a ribbon cutting ceremony to officially unveil recent restorations to the courthouse. Stan Cave, Chief of Staff for Governor Fletcher and Kentucky Transportation Cabinet (KYTC) Secretary Bill Nighbert were on hand for the event.

In his opening remarks, Judge/Executive Wallace Taylor conveyed his gratitude for the state's assistance on the courthouse preservation project, which included \$500,000 from KYTC's Transportation Enhancement program as well as a \$300,000 match from the Kentucky Administrative Office of the Courts. Both interior and exterior work were conducted, including preservation of the locally-hewn stone façade and upgrades to the courtrooms. A reception followed in which the public was invited to tour the improvements to the courthouse.

While present for the ribbon cutting ceremony, KYTC officials took the opportunity to present the County with a check for funding for a road improvement project. The project will revamp a dangerous curve between Estill and Powell Counties that has been the site for numerous accidents in recent years.



Local and state officials participate in the ribbon cutting to unveil the preservation project for the Estill County Courthouse.

LANCASTER CLEANING UP AFTER WATER SYSTEM IMPROVEMENT PROJECT

Lancaster officials are welcoming the clean-up phase following the completion of its significant and extended Water System Improvement project. Punch lists have been prepared and only project clean-up issues remain. Work is expected to be finished by mid-June.

The project consisted of the installation of almost seven miles of 6- and 8-inch diameter water lines, 53 new water line valves, and 34 flush fire hydrant assemblies. These system improvements were recommended as a part of a 2002 engineering study.

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Funding for the project came from a HUD Community Development Block grant for \$595,000. Other funds included a \$100,000 grant from the Kentucky Infrastructure Authority and a grant/loan from USDA's Rural Development. The Rural Development funding came in the form of a \$420,000 low-interest loan and a grant of \$245,000. Additional funding came from a KIA-financed Tobacco Development Grant for \$170,000, and local funding of \$30,000. An additional \$50,000 was drawn from local funds for the road paving. For more information, contact Dave Ewen at the ADD.

STANFORD UNDERTAKES INCOME LEVEL SURVEY IN PURSUIT OF HUD GRANT FOR EXPANSION/UPGRADE OF ITS MUNICIPAL WASTEWATER TREATMENT PLANT

The handwriting has been on the wall for some time. Growth in north-central Lincoln County has continued to increase the quantity of wastewater directed into the Stanford wastewater treatment plant. Planned improvements of US 27 in the Garrard/Lincoln County region will decrease travel times from Stanford to Lexington and to Somerset. Stanford/Lincoln County leaders believe that growth will increase every year. With Stanford's wastewater treatment plant operating well in excess of its rated capacity of 800,000 gallons per day on many days, the time to be planning for an expansion/upgrade of that facility is now.

With that in mind, Stanford's elected leadership has begun its efforts to pull together a financial package that will permit an expansion and upgrade of the city's wastewater treatment plant located on a tributary of the Dix River. An income level survey is underway among a randomly selected sample of residential customers of the city wastewater system to determine whether such a project would meet the low-to-moderate income national objective of the HUD Community Development Block Grant program. Local leaders are also looking to the General Assembly and to USDA's Rural Development for significant financial support on this project which expected to run into the millions of dollars.

For more information, contact Don Hassall as the ADD.

STANTON SET TO SEEK HUD FUNDING FOR WATER SYSTEM IMPROVEMENTS

With the satisfactory completion of a HUD income level survey recently behind them, officials from the City of Stanton are looking forward to the submission, as early as the end of June, of the initial part of a HUD Community Development Block Grant (CDBG) application seeking financial support to apply

toward a significant improvement project for the municipal water system.

Stanton is operating under an *Agreed Order* with the Kentucky Department for Environmental Protection. At issue are needed improvements to the municipal water system, specifically the status of the city's water booster pumping station and its potable water storage tanks. Three aged and deteriorating water storage tanks are proposed to be replaced with a single larger storage tank. A consulting engineer's report, completed in November 2005, placed the estimated cost of the improvements at \$1.8 million. Already, the city has in place a \$675,000 grant offer from the Kentucky General Assembly through the Kentucky Infrastructure Authority.

Work is underway on what is called the HUD CDBG Part I presubmission materials. To seek public input, a public hearing has been scheduled for June 7. The preparation of engineering plans and specifications is in full swing. It is expected that Stanton will seek a HUD grant of \$900,000. Supplemental grant/loan funding is being sought from USDA's Rural Development, where a request has already been filed for a loan of \$113,000 and a grant of \$112,000.

For more information, contact Don Hassall at the ADD.

A HEALTHIER US STARTS HERE TOUR

This spring and summer, Medicare will join with its partners in a tour across America to promote the preventive benefits available to Medicare beneficiaries.

Medicare covers many important screenings and other benefits to help people with Medicare live healthier and more active lives. As baby boomers become eligible for Medicare, prevention will remain a key priority. The *Healthier US Starts Here* initiative will last four months. The Medicare tour bus will visit each of the 48 continental United States bringing spokespersons to work with community partners, city and state leaders, and disease prevention advocates. Together Medicare and its partners will raise awareness of the importance of preventing chronic disease and illness. People with Medicare will be asked to take action and talk to their healthcare providers about preventive services.

At health events and community forums throughout the spring and summer, Medicare and its partners will distribute information on preventive benefits and provide information on how to access and use the MyMedicare.gov website. The site helps beneficiaries track preventive services and learn about the services they may be eligible to receive to manage their healthcare.

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By taking control of their health and by becoming active participants in their healthcare, people with Medicare can serve as role models to new generations of Americans. The ADD hopes you will work with us to ensure that “A Healthier US Starts Here!”

For more information, contact the Area Agency on Aging at the ADD.

<http://www.aoa.gov/Medicare/news/media/NMEP.ppt>

NICHOLASVILLE PREPARES TO UNDERTAKE \$11.2 MILLION WASTEWATER SYSTEM UPGRADE

Nicholasville is close to signing an agreement with the Kentucky Infrastructure Authority to borrow \$11.2 million to undertake long-planned improvements to its municipal wastewater system. The aged East Brown Street wastewater treatment plant, located only about a quarter mile from the very heart of Nicholasville, is planned to be decommissioned as a 48-inch diameter gravity interceptor sewer will be constructed to convey the sewage—formerly treated at the East Brown Street treatment plant—about three miles further downstream to near the confluence of Town Creek and Jessamine Creek. There it will be treated by the existing Jessamine Creek wastewater treatment plant that will be expanded to accommodate the additional hydraulic and organic load. Urban development had come right up to the fences of the old East Brown Street treatment plant and nearby neighbors will likely not lament that treatment plant’s decommissioning. For more information, contact Nicholasville Utilities Director Tom Calkins.

FRANKFORT SEWER BUDGET TO DOUBLE; SEWER RATE INCREASES SEEN

The proposed budget for the sewer system in Frankfort is likely to double, according to figures recently brought to the Frankfort City Commission. Last year’s budget was \$9.07 million, while next year’s budget is likely to be \$19.4 million. The larger budget results mostly from an increase in projects that the city is undertaking in response to a consent judgment into which it will enter with the Kentucky Environmental and Public Protection Cabinet. The consent judgment mandates the city to make improvements to its sewer system and to eliminate sewer overflows that cause water pollution.

City staff have said that rates must be adequate to support \$75 to \$100 million in construction projects over the next 10 to 20 years. The biggest part of the increases next year are due to two capital projects ready to begin—the \$3 million Schenkel Cave

project to replace a sewer line and a \$5 million sewage pumping station to be build near US 421 in East Frankfort.

DANVILLE CONSIDERING STORM WATER FEES

One of the responsibilities of city governments is the proper management of stormwater. Until recent years, it was one of those things that was, at least to some degree, discretionary in nature. Some small cities have simply ignored the situation. Other cities have done little in this area and some have done a great deal.

The winds of change, however, may be blowing in the area of stormwater management. Increasingly, the US Environmental Protection Agency is becoming involved. USEPA understands that stormwater runoff contains many of the pollutants that adversely affect water quality in streams, rivers, and lakes. To that end, the discretionary nature of stormwater management is nearly a thing of the past. Many citizens fail to see that best management practices with regard to stormwater management are both expensive and require a revenue base from which to draw.

The Danville City Commission had broached the idea of creating a stormwater utility district as a way to generate the funds needed to comply with ever more stringent state and federal standards for clean water. The plan calls for all property owners to pay fees to help control and clean up the runoff that results from storms. As one Danville city commissioner put it, "If a raindrop falls on your property, you're a contributor to the problem."

One idea that has been circulated is to charge a flat monthly fee to homeowners plus an additional fee depending on the area of impervious surfaces such as roofs and driveways that do not absorb water. Different charges would apply to multi-family residences, agricultural land, small commercial developments, large commercial developments and industrial sites. For more information, contact Danville city engineer Earl Coffey.

U.S. ADMINISTRATION ON AGING (AoA) ANNOUNCES STRATEGIC PLAN

The AoA Strategic Action Plan for 2007-2012 has been developed to guide the agency's fiscal and human capital resource investments over the next five years as it carries out its statutory mission and provides national leadership on aging programs and policy.

The Plan establishes five goals that support the continual modernization of Older Americans Act services, giving particular attention to implementing the new provisions

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contained in the Older Americans Act Amendments of 2006. These goals are to:

1. Empower older people, their families, and other consumers to make informed decisions about, and to be able to easily access, existing health and long-term care options.
2. Enable seniors to remain in their own homes with high quality of life for as long as possible through the provision of home and community-based services, including support for family caregivers.
3. Empower older people to stay active and healthy through Older Americans Act services and the new prevention benefits under Medicare.
4. Ensure the rights of older people and prevent their abuse, neglect and exploitation.
5. Maintain effective and responsive management.

The Bluegrass Area Agency on Aging will also adopt these action steps during the next five years. For more information, call the Area Agency on Aging at the ADD.

LANCASTER PRESSES ON WITH DESIGN TO IMPROVE ITS WASTEWATER TREATMENT PLANT

The City of Lancaster is pressing on with engineering design for additional improvements to its wastewater treatment plant. The project includes replacing the existing manually-cleaned bar screen with a mechanical bar screen and completely replacing the existing pump station. A new wet well will also be constructed. Other lab equipment will be purchased if funds are available.

Funding for the project will come, in part, from an Economic Development Fund (EDF) grant designated by the 2006 Kentucky General Assembly and processed through the Kentucky Infrastructure Authority. Current grant funds available from KIA include grants for \$100,000 and for \$200,000, toward an estimated total project cost of approximately \$450,000. The City of Lancaster will take the balance of needed funding, \$150,000, from its Sewer Deprecation Reserve account.

The Bluegrass ADD is administering grant funds on behalf of the City. For more information, contact Dave Ewen at the ADD.

WILMORE PREPARING BID SPECIFICATIONS

The City of Wilmore is in the process of visiting vendors and evaluating equipment types as it continues preparing bid specifications for a project involving a start-up program to

purchase and install automated water meter reading equipment. The Wilmore Automated Meter Reading Project, expected to cost approximately \$200,000, will include laptop software and metering devices to allow Wilmore to “radio-read” approximately 1,300 meters in the City’s residential and commercial areas. Following preparation of the equipment specifications by the City, the equipment will be advertised for bid and installed by city personnel.

The City of Wilmore has selected the Bluegrass Area Development District to provide administrative services for the project which will be funded through the Infrastructure for Economic Development Fund for Non-coal Producing Counties Grant Program. The grant is for \$200,000. For more information, contact Dave Ewen at the ADD.

HARRODSBURG OBTAINING EASEMENTS FOR SOUTH INTERCEPTOR PROJECT

Having received \$750,000 in funding from the 2005 session of the Kentucky General Assembly, the City of Harrodsburg is in the process of collecting easements needed for the construction of its South Interceptor Extension Project. The Tobacco Development Funds, programmatically channeled through the Kentucky Infrastructure Authority, will be used for the construction of an interceptor sewer to collect and transport existing and future wastewater flows from the south and east sections of the Harrodsburg planning area. Further, the project includes approximately 4,500 liner feet of 24-inch diameter sewer lines, 15 manholes and two highway bores.

The Bluegrass Area Development District, on behalf of the City, is administering the contract. For more information, contact Dave Ewen at the ADD.

VOLUNTEERING PRODUCES HEALTH BENEFITS, NEW REPORT SHOWS

Volunteers help themselves to better health while helping others, according to a study released on May 7 by the Corporation for National and Community Service.

The Health Benefits of Volunteering: A Review of Recent Research found a significant connection between volunteering and good health. The report shows that volunteers have greater longevity, higher functional ability, lower rates of depression and less incidence of heart disease.

“Volunteering makes the heart grow stronger,” said David Eisner, CEO of the Corporation. “More than 61 million Americans volunteer to improve conditions for people in need

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and to unselfishly give of themselves. While the motivation is altruistic, it is gratifying to learn that their efforts are returning considerable health benefits.”

“I commend the Corporation for National and Community Service for its timely focus on health and volunteerism. These findings complement the Administration on Aging’s ongoing efforts to harness the power of prevention and wellness for all older Americans. Volunteerism is an important tool in our strategy to promote health and prevent disease,” said Josefina G. Carbonell, Assistant Secretary for Aging at the U.S. Department of Health and Human Services.

Research suggests that volunteering is particularly beneficial to the health of older adults and those serving 100 hours annually. According to the report:

- A study of adults age 65 and older found that the positive effect of volunteering on physical and mental health is due to the personal sense of accomplishment an individual gains from his or her volunteer activities.
- Another study found that volunteering led to lower rates of depression in individuals 65 and older.
- A Duke University study found that individuals who volunteered after experiencing heart attacks reported reductions in despair and depression – two factors that have been linked to mortality in post-coronary artery disease patients.
- Two studies found that the volunteering threshold is about 100 hours per year, or about two hours a week. Individuals who reached the threshold enjoyed significant health benefits, although there were not additional benefits beyond the 100-hour mark.

This follow-up report brings more evidence that volunteering produces significant health benefits. Those who gave social support to others had lower rates of mortality than those who did not – even when controlling for socioeconomic status, education, marital status, age, gender, and ethnicity, the report stated.

If you would like to reap the health benefits of volunteering, your local Senior Center has a need for your help and assistance. Please call your Senior Center, or Rhonda Davis or Randy Lawson of the Area Agency on Aging at the ADD. Remember, as little as two hours a week helping a senior is a good trade-off for improved health and well-being for yourself.

DISCUSSION HELD ON REGIONAL PLANNING FOR TOURISM, HISTORIC PRESERVATION, AND RECREATIONAL DEVELOPMENT

The May meeting of the Tourism, Historic Preservation, and Recreation Advisory Committee (THRAC) provided an opportunity to discuss strengths, weaknesses, and opportunities throughout the region. Tourism directors, preservationists, parks and recreation directors, Main Street program managers, Chamber of Commerce directors, economic development directors, elected officials, business owners, and interested citizens took part in the regional discussion.

Committee members noted the talent, knowledge, and skill base contained within the region but also took note that complacency and involvement can sometimes be an issue in actually accomplishing goals. The need to determine local and regional goals was also recognized in the meeting. Many communities do not have strategic planning documents in place such as economic development plans, tourism plans, and parks and recreation master plans. Not only are these guides necessary for determining a clear vision for the community, but they are also useful when applying for funding because more programs are now requiring a documented need. Opportunities such as constructing a regional trail system, developing additional themed tours, and other regional projects were put on the table. Communication was encouraged, both locally and regionally, among various interrelated groups such as tourism commissions, chambers of commerce, parks and recreation departments, preservation trusts, economic development offices, and elected officials. Lora B. Littleton, ADD staff to THRAC, noted that ongoing communication among these groups is vital since they are all working toward the same goal of sustainable economic development for the community. There will be discussion on how to achieve these goals in future meetings.

Contact Lora B. Littleton at the ADD for information on THRAC and regional planning initiatives in the areas of tourism, historic preservation, and recreation.

LAWRENCEBURG BEGINS CONSTRUCTION ON BG PARKWAY PROJECT

Construction began in mid-April on the Lawrenceburg Extension to the Bluegrass Parkway Sewer Project. The planned project will extend municipal sewer service south along US 127 to the Bluegrass Parkway interchange in southern Anderson County. Approximately 25,000 feet of twin force mains will be installed along with a sewage pumping station in order to send

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the collected sewage from the interchange to be treated at the City of Lawrenceburg's Wastewater Treatment Plant.

Funding for the project comes from an Economic Development Fund grant for \$1,000,000 appropriated during the 2006 meeting of the General Assembly. The Kentucky Infrastructure Authority will be the state's administrative agency, and the Bluegrass Area Development District will administer the Grant Agreement on the City's behalf. For additional information, contact Dave Ewen at the ADD.

WILMORE WASTEWATER PROJECT MOVES FORWARD

The City of Wilmore continues to review various possible approaches to its significant Wastewater Collection System Rehabilitation Project as it evaluates the costs and benefits of constructing pipe linings or replacing pipe. The project is currently in the design stage, and the formal Grant Assistance Agreement with the Kentucky Infrastructure Authority has been executed.

The project, expected to cost approximately \$200,000, involves the inspection and repair or rehabilitation of targeted wastewater collection lines in order to reduce the inflow and infiltration (I/I) of storm water and ground water. This project will help the City remain in compliance with the Kentucky Division of Water's requirements to reduce I/I in wastewater collection systems.

The City of Wilmore has selected the Bluegrass Area Development District to provide administration services for the project which will be funded through the Infrastructure for Economic Development Fund for Non-coal Producing Counties Grant Program. The grant, in the amount of \$200,000, will be processed by the Kentucky Infrastructure Authority. For further information, contact Dave Ewen at the ADD.

HARRODSBURG WATER PROJECT BEGINS CLOSE-OUT PHASE

The City of Harrodsburg, which began construction in late September of 2004 on its Water System Improvements Program, was visited in late April to monitor compliance with federal regulations that apply to the project due to its receiving HUD Community Development Block Grant funds. Following the successful audit, the submission of the Project Completion Report, and requesting the final administrative financial draw, it is expected that the project may be fully closed.

The City's Water System Improvement Program was composed of three primary components:

- The erection of a 1.0 million-gallon elevated water storage tank on the city's southeast side, and
- The construction of over nine miles of water lines ranging in size from 6 inches to 20 inches in diameter, and
- Replacements and additions at the municipal water treatment plant.

The project was, in part, funded by a \$1.0 million HUD Community Development Block Grant. Other funding sources for this \$5.5 million project included a Kentucky Infrastructure Authority grant of \$1.0 million, a \$2.5 million loan from Rural Development and a \$1.0 million RD grant.

The project addressed significant problems that had developed over time. The problems were associated with the water treatment plant, deficient elevated water storage, and water transmission/water distribution. Benefits of the project will accrue to retail customers of the Harrodsburg municipal water system as well as to the customers of the three water utilities to which Harrodsburg supplies potable water. For more information, contact Dave Ewen at the ADD.

ANDERSON COUNTY HOSTS REGIONAL SENIOR GAMES ARCHERY TOURNAMENT

On May 19, the first annual Bluegrass Regional Games Archery tournament was held in Anderson County at the Bowhunters Range, outside Lawrenceburg. Participation was open to anyone 50 years of age or older. The competition was held in a forested setting, with 3-D targets set at realistic distances, and there were 30 small and large game targets.

Shooters were classed by age and equipment (aided or unaided). For more information on this event, contact Randy Lawson at the ADD office.

LAWRENCEBURG CONTINUES CONSTRUCTION ON STRINGTOWN PROJECT

The City of Lawrenceburg entered its second month of construction in May on its Stringtown Sewer Project. The project advertised for bids in mid-November 2006, with the bid opening being held the end of that month. Following City approval of the bid, the contract was awarded and initial construction began in March of this year.

A HUD Community Development Block Grant of \$759,000 is being applied toward this \$1,628,000 project that will provide sewer service to an urbanized, unincorporated area (Stringtown) south of Lawrenceburg's corporate limits in Anderson County.

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The project is expected to serve 146 residential customers and three non-residential users. The more than \$1.62 million project will see the construction of:

- 2.2 miles of 8-inch sanitary sewer line
- 1.9 miles of 4-inch sanitary service line
- 3.0 miles of 2- and 4-inch force main
- 60 manholes
- 150 service connections
- 16 Simplex grinder pumping station
- 4 Duplex grinder pumping stations
- 1 150-GPM sewage pumping station
- and, other related appurtenances.

Funding for the project, beyond the Community Development Block Grant, comes from a state appropriation of \$830,000 in the form of a Tobacco Development Fund Grant and local funding of \$39,000 coming from tap-on fees. For additional information contact Dave Ewen at the ADD.

LINCOLN COUNTY'S HARVEY HELM LIBRARY THE RECIPIENT OF STATE FUNDS

On a recent visit to Lincoln County, Governor Fletcher surprised the crowd with news that an additional \$400,000 was to be made available to the Harvey Helm Library for construction purposes. The announcement came after the Kentucky Department for Libraries and Archives had reallocated construction grant funds after recent appeals from other county libraries. Lincoln County's original \$65,000 per year for 20 years had been cut to \$30,000. The additional financial support from State Government will bring the library back to its original total of \$800,000.

CLIMATE CHANGE EXPECTED TO MAKE MANY AMERICAN PLACES DRYER

Formerly, water planners have simply looked to the precipitation records over time to predict the availability of water to meet the needs of an ever-growing America. That parameter may not be as dependable as in the past, as climate researchers suggest that large segments of the country may expect drier and drier weather patterns over time. The first region to receive this impact may be the western US. Already, some states are in a tug-of-war over water rights to rivers and aquifers. Some \$2.5 billion in water projects are planned or underway in just four western states, the biggest expansion in decades in the western US's quest for water. Among them is a proposed 280-mile pipeline that would direct water to Las Vegas from northern Nevada. A proposed reservoir just north of the California-Mexico border would correct an inefficient water delivery

system that allows excess water to pass south into Mexico. Historically, water rights have frequently been a contested issue in many areas west of the Mississippi River.

Unfortunately, it continues to be true that the value of water is little appreciated until "the well runs dry". Hopefully, Kentuckians will realize the value of appropriate water stewardship while there is yet time. For information on this and other water supply issues, contact Don Hassall at the ADD.

2008 LITTERBUGS CAUGHT . . . AND COUNTING!

As of May 15, 2007, Bluegrass PRIDE has received over 2000 litter reports. They have come from across Kentucky and from as far away as Hawaii. Topping the list of items littered are cigarette butts—they make up 67% of all reports.

Please cut out the section below and keep it with you while you are driving on Kentucky's roadways. Any time you see someone litter, copy the information down and call PRIDE's toll free number, 866-222-1648 ext. 29, or report the litterbug on their website, www.KentuckyPRIDE.com. Once reported, the offenders will receive a letter from a local law enforcement agency reminding them that littering is illegal and punishable by a fine up to \$500.

Please note: Sometimes it is difficult to understand the letters in a license plate number when left on voice mail. It would be very helpful if you would say "B as in baby...", D as in dog..., P as in Paul..., etc." This would greatly help in PRIDE's getting an accurate license number. Thanks! 1-866-222-1648 ext. 29 or www.kentuckypride.com

Type of Litter (if known): _____

Vehicle License Number: _____ State: _____

Vehicle Description: _____

County in which violation occurred: _____

Location of violation; please be specific (i.e. intersection):

Date of violation: _____ Time: _____

Your Name (optional): _____

"A nation is formed by the willingness of each of us to share in the responsibility for upholding the common good."

— Barbara Jordan, Lawyer and U.S. Congressperson (1936-1996)



MEETING CALL

Board of Directors	7/25 7:00 p.m.
Executive Board	6/20 7:00 p.m.
Regional Transportation Committee	6/11 & 7/9 1:30 p.m.
Aging Council	6/13 & 7/11 10:00 a.m.
Natural Resources & Environmental Protection Advisory Committee	6/13 4:15 p.m.
Human Services Committee	6/14 10:00 a.m.
Homeland Security Council	6/20 2:00 p.m.
Tourism, Historic Preservation, Recreation Advisory Committee	7/10 10:00 a.m.
Regional Planning Council	7/11 4:00 p.m.
Development Advisory Committee	7/17 2:00 p.m.

ALL meeting dates/times subject to change.

Chairman	Judge R.W. Gilbert
Vice-Chairman	Mr. Dodd Dixon
Secretary	Judge Larry Tincher
Treasurer	Mayor Connie Lawson
Executive Director	Lenny P. Stoltz II

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